



Quarterly Newsletter of the Clifton Town Meeting  
 SPRING 2022 • VOLUME 31 • NUMBER 1

Emily Mason, Honey Tolparov, Khonisa Anderson, Sophia Burch, Nina Dusa

Jan Brown Checco, Kelsey Adams, L. Cabrera



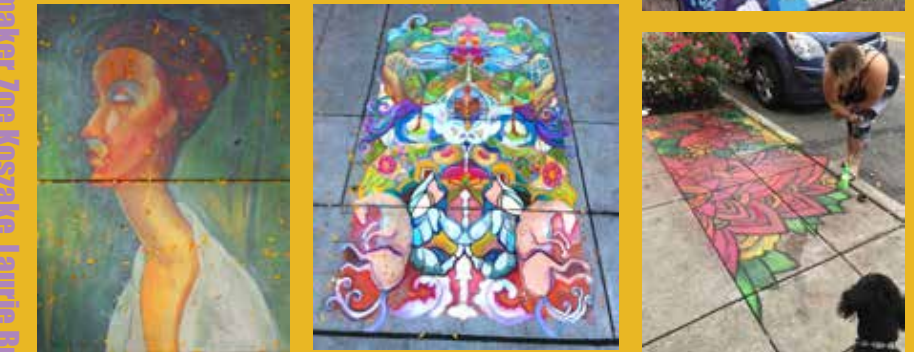
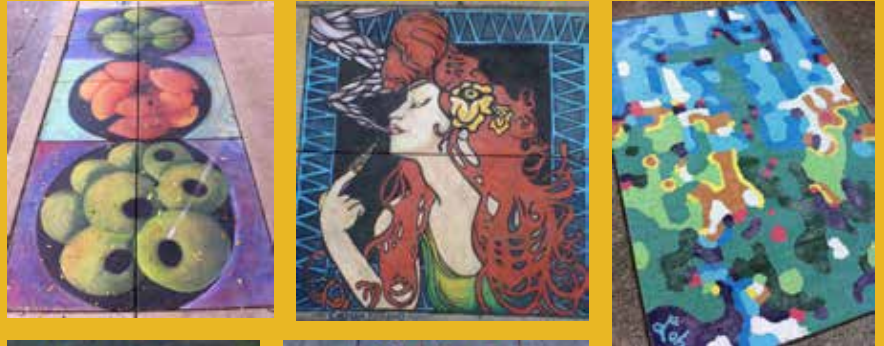
## Clifton Gaslight's Galleries on the Ground



Caroline Bussick, Connor Bussick, Owen Gunderman, Gayle Cobb



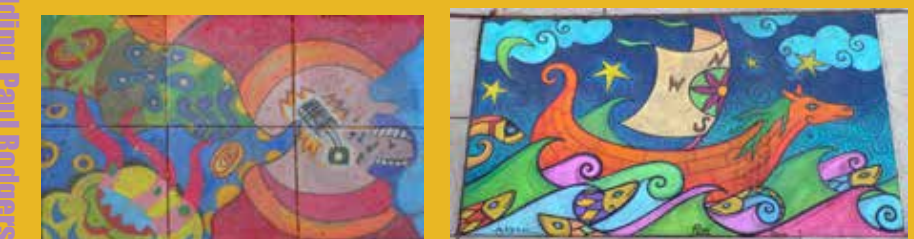
Saad Ghosn, Tom Lohre, Alix Smyth, Ariane Brown, Kristin Dugas, et al



Patricia Schomaecker, Josh Moore, Tanny Brown, Daniel Luck, Elina Chetverkova, William Dickson, Sea O Bay



Jan Toraason, Maggie Cleary, Eva Clark, Amy Lynn Wassell, Deana Grisell



Christina Maria Conley, Lisa Schera, Tim Gold, Christina Celest, Tina

Randy Smith, Paul Brooke, Laura Bruce, Celeste Sheets, Ruby Brooke



Amanda Checco, Kathy Chabot, Zak Sawan, Lydia Smith, Nancy Hopkins

Westerkamp, Emily Meyer, Torri Kern

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## Clifton Town Meeting - Your Community Council

Established in 1961, CTM is Clifton's official community council recognized by the City of Cincinnati. Our object is to preserve and develop the community, recognizing that Clifton is one of Cincinnati's first suburbs, possessing traditional charm and a unique creative character. CTM advocates on behalf of residents and businesses, giving a platform for ideas, concerns and opinions.

## President's Message

### Cincinnati's Own Bedford Falls

The 1946 holiday classic "It's a Wonderful Life" is my favorite movie. Emotionally charged, it parallels much of what we've been experiencing - economic uncertainty, acute and often nasty debate, anger, frustration, desperation, sadness. Add this never-ending pandemic and parallel general fatigue that dissipates the focus needed to preserve a strong community.

I believe that in many ways Clifton has a definite "Bedford Falls" feeling — our historical character, excellent schools, distinctive businesses, diverse churches and parks, and above all, the generosity of our residents. When you go for a stroll and chat with neighbors and shopkeepers, you sense your personal importance to this place.

Our unified spirit was perfectly manifest in March 2020 when CliftonCares - a CTM/CBA initiative — raised \$45,000 in just 3 weeks to pay local restaurants to cook lunches and dinners for our area's essential healthcare workers. We delivered hot meals daily for a month to three hospitals, earning the "Leadership in Crisis" Award from Invest in Neighborhoods last December. The speed and efficiency with which Cliftonites responded to the COVID shutdown shock was unsurpassed in Cincinnati, and maybe even nationally! Hey — Clifton is better than Bedford Falls! (We have no Mr. Potter!)

Personally, I am thrilled to be working with a strong, refreshed CTM Board of Trustees that includes many newcomers who are ready to invest the time and talent required to sustain and enhance our neighborhood. As president, my most important goals will be increased community engagement and a quest for meaningful feedback. We'll produce a monthly calendar for our members, listing CTM activities and prompts on how to participate. CTM will sustain our collaboration with Clifton's other leading civic groups - Clifton Business Association (CBA), and Clifton Community Fund (CCF) with whom we already work well together. The Clifton Chronicle draws the circle wider, including schools, churches, cultural institutions and all of our residents!

Clifton — it's where folks want to live/work/play. Join us at CTM as we move forward!

— Gérald Checco, President

## 2022 CTM Board of Trustees

### Executive Committee

Gérald Checco (President)  
Nestor Melnyk (Vice President 1)  
Jan Brown Checco (Vice President 2)  
Tim Maxey (Treasurer)  
Michael Roller (Secretary)

### Trustees

Brendon Cull, Molly Gray, Robert Hamberg, Chris Harding, Mary Pat Lienhart, Nagma Malik, Jayme Ritter, Genet Singh, Zeeshan Tayeb, Monica Windholtz

### Keep in Touch with CTM!

For announcements and links to virtual meetings, visit our website at <http://www.cliftoncommunity.org> When you move, please send an update to your mailing address to [ctm.chronicle@gmail.com](mailto:ctm.chronicle@gmail.com) And also let us know if you'd prefer to receive your Chronicle as an e-newsletter.

## CTM Committees, Chairs & Liaisons 2022

Executive—President Gérald Checco  
Arts & Culture—Joyce Rich, Mary Pat Lienhart  
Caretaking & Beautification —Jayme Ritter  
Chronicle—Jan Brown Checco  
Clifton Community LLC—Gérald Checco, Tim Maxey  
Communications Chair—Monica Windholtz  
Events—Molly Gray, Eric Urbas  
Finance—Treasurer Tim Maxey  
Governance—Mary Pat Lienhart  
Housing & Zoning—Nestor Melnyk, Jayme Ritter  
Membership—Robert Hamberg  
Nominating—Gérald Checco  
Parks—Robert Hamberg, Mary Pat Lienhart  
Transportation/Public Safety—Brendon Cull, Mary Pat Lienhart

### CTM Ad Hoc Committees

Community Plan — Nestor Melnyk, Jayme Ritter  
Nutrition & Fitness — Zeeshan Tayeb  
Golf Outing — John Whedon

Chronicle is supported in part by Federal funding awarded to the City of Cincinnati by the US Department of the Treasury

## CTM Liaison Roles

Uptown Consortium — Gérald Checco  
Invest In Neighborhoods— Gérald Checco  
TriHealth/UC Health— Zeeshan Tayeb  
Clifton Community Fund—Tim Maxey  
Clifton Business Association— Gérald Checco, Jan Brown Checco, Genet Singh  
Neighborhoods of Uptown—Malcolm Montgomery

## The Clifton Chronicle

Quarterly Newsletter of Clifton Town Meeting  
P.O. Box 20042, 45220-0042

The Chronicle is CTM's free-to-the-public newsletter, published quarterly by Clifton Town Meeting on 3/1, 5/25, 9/1 and 12/1. We deliver to over 6,000 readers. To subscribe for a printed newsletter, or to request your Chronicle by email only, please provide your postal mailing and email addresses and full name(s) to [ctm.chronicle@gmail.com](mailto:ctm.chronicle@gmail.com)

Clifton Chronicle is available online! This code and the address below will take you to the newsletter and to our archives on our website.



<https://www.cliftoncommunity.org/clifton-town-meeting/clifton-chronicle/>

## Clifton Chronicle Committee

Jan Brown Checco, Chair 2022 — Josie Angel, Marianne Brunner, Gerald Checco, Bob Driehaus, Barb Wriston Ruddy, Rachel Wells, John Whedon, with advice from the CTM Executive Committee

### Be A Chronicle Content Creator!

We invite our readers' participation for content creation. Our next deadline - April 17 for the Summer Issue - covers activities from May 26 to Sept. 1, 2022. Send all images (300 dpi jpg) and stories (400 words max in Word) to [ctm.chronicle@gmail.com](mailto:ctm.chronicle@gmail.com)

## Make Your Voice Heard - Become a Member of Clifton Town Meeting! Here's how:

Clifton Town Meeting (CTM) is your community council, advocating on behalf of the Clifton community. We sponsor many activities and festivals throughout the year, but to continue this important community work, we need YOUR INPUT. Membership is open to all neighborhood residents, property owners and businesses, age 18 or older. **Membership dues cover 12 months, are our second largest means of support, and are tax deductible. CTM also accepts donations,** so please consider this as you sign-up or renew at <http://www.cliftoncommunity.org/membership/>

Sign up online or clip this form and send it along with a check or money order payable to:  
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Name(s) \_\_\_\_\_ Address \_\_\_\_\_  
Phone(s) \_\_\_\_\_ Email(s) \_\_\_\_\_  
Committees and Activities that interest you: \_\_\_\_\_

### Membership Categories:

___ Single (1 vote).....\$20	___ Senior citizen, 65+ (1 vote).....\$10
___ Household (2 votes).....\$20	___ Senior household, 65+ (2 votes).....\$14
___ Full-time college student (1 vote) \$10	___ Life membership (2 votes).....\$180
___ Business (1 vote).....\$40	___ Donation of \$ _____

**Thanks for writing legibly!**



## Holidays on Ludlow 2021

On Saturday, Nov. 27, our community gathered on Clifton Plaza for Holidays on Ludlow in support of our shops and restaurants on Small Business Saturday. Resurrection of our annual celebration included a community tree lighting fully dressed with inventive handcrafted ornaments, a disc jockey who filled the air with pop tunes while carolers strolled, singing traditional songs. Hundreds of neighbors sipped glühwein, vegan hot chocolate and holiday brews while admiring an especially charming guest - a diminutive she-reindeer.

We express special thanks to the many volunteers who helped produce the party, and have worked throughout our community this past season:

- CBA and CTM sponsors and volunteers who,



along with John Carnevale/Upside Brew, produced Holiday on Ludlow, a very cheerful well-attended event

- Eric Urbas, Adam Balz and their crews for decoration and post-holiday clean-up of the Ludlow Avenue lightposts
- All the ornament crafters who helped to decorate our community tree
- The CTM Arts and Culture Committee for a fantastic Holiday Gifts Boutique III at Off Ludlow Gallery
- Anupam Bedi, who became a volunteer Snow Angel for Warren Avenue
- Amira Beer and Jan Checco for their persistent dedication to litter picking



## Hardy Winter Clean-Up Volunteers, Thank You!



On Saturday, Jan. 8, Clifton was blessed by over 30 supportive volunteers equipped for post-holidays clean-up of Clifton Plaza and the business district. First crews met that frigid morning for lamppost undressing, then afternoon crews came to refresh garden beds, dismantle the community tree, clear storm drains and pick up litter. We like to name names, so big thanks to Brian, Wilson, Mary, Adam, Eric, Jane, Tim, Nick, Malcolm, Stella, Aaron, Levin, Stefanie, Henry, Oliver, Sarah, Nicole, Reid, Patty, Mabel, Anna, Arthur, Margaret, Marta, Pam, Nayma, Chris, Jayme, Alice, Barb, Marianne, Michael, Patrick, John, Alexis, Jan & Gérald along with a dozen more who did not leave their names.



## Clifton Golf Outing 2022

Please mark your calendars for the 10th Clifton Golf Outing on Saturday, Aug. 27 at Avon Fields. We are excited to announce the UC Lady Bearcat Women's Golf Team as our 2022 beneficiary. Clifton Golf Outing has written checks to CCAC, Burnet Woods, Good Sam's Cancer Center, Fairview German School, Little Sisters of the Poor, and CANS (Clifton Area Neighborhood School). The Lady Bearcats have volunteered at many of our events and this year we'll support them. These young women rely on private funds for expenses like training aids, transportation and meals. They are proud to say that, in Fall 2021, the team's GPA was 3.7.

Registration begins in June at

[www.cliftoncommunity.org](http://www.cliftoncommunity.org). Golf entry is \$100 including golf and dinner on Avon's clubhouse deck. If you are unable to join for golf, dinner is \$10 (kids 12 and under eat free). This year we will present the 'Friend of Clifton award to Patrick Borders and Helen Adams who have given much of their time in support of our neighborhood. Patrick served CTM for several years including two as board President. He was also a CCAC founding board member and serves the Clifton Business Association on its Executive Committee. Helen serves on the Clifton Community Fund board and was one of the founders of CCAC's Golden Ticket show. Please honor them at our dinner presentation post-golf.

Clifton Golf Outing needs volunteers to help us find new sponsors. Please email John Whedon at [thewhedons@gmail.com](mailto:thewhedons@gmail.com) to learn more. Clifton Golf Outing is a CTM event.



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Please consider adding us to your safe senders list at [contactctm@cliftoncommunity.org](mailto:contactctm@cliftoncommunity.org)

<https://bit.ly/3iFS2vf>

This link to our survey will let you update your communications information for Clifton Town Meeting's mailing lists.



Thanks for your help!





## Hiding in Plain Sight: Clifton History in Our Sidewalks

While serving as president of the Clifton Community Fund, one of the most fun emails I've received came from a Clifton resident curious about the beautiful bronze panels inset on the sidewalks of Ludlow Avenue. A book lover, she asked about the plaque in front of Gaslight Bar and Grill that features a card catalog and book spines with titles she did not recognize. Many Clifton residents may not know that this building once housed our neighborhood library. The titles and authors featured are all inside jokes about Clifton and Cincinnati history. For instance, "I Know Where the Bodies Are Buried" by Adolph Strauch: He was the 19th century designer and landscaper of Spring Grove Cemetery. Israel Ludlow was a surveyor who helped to found Cincinnati. The Academy of the Sacred Heart on Lafayette Avenue was built to look like an English castle. "Schnecken: A Tale of Butter and Cinnamon," by Virginia Bakery: This recalls the beloved bakery famous for a pastry sold from the shop where we now find J. Gumbo's. Sharp observers will notice that the wisteria arbor next to J. Gumbo's still has "Virginia Bakery" etched into the wood.

There are six bronze plaques in total, inlaid on sidewalks on both sides of Ludlow Avenue.



Originally called "Art Carpets," the art panels were fabricated and installed in 2010. In 2016, CCF helped to reset them after some

had started to shift. Take a look at the plaques as you stroll the business district this spring, ice cream cone or coffee drink in hand. Many of them are still related to adjacent buildings as are the ones in front of the Esquire and Graeter's. All contain insider references to businesses, landmarks, and individuals from our neighborhood's past. I'll share more Art Carpets backstories in future issues of the Chronicle. You can send questions or any insights you might have about them to me at [cliftonccf@gmail.com](mailto:cliftonccf@gmail.com).

— by Margaret Reich



### Congratulations to the 2022 CBA Officers:

President: Mike Anagnostou (Ludlow Wines)  
Vice-President: Anna Ferguson (World Peace Yoga)  
Treasurer: Alex Barden (Sitwell's Act II)  
Secretary: Joyce Rich (Off Ludlow Gallery)

**2022 Meeting Dates** on Mondays, 3:00-4:00 pm are as follows:

February 28, March 21, April 18, May 16, June 20, August 15, September 19, October 17, November 21

## Off Ludlow Gallery 2022

Despite the pandemic, Clifton's community art gallery continues to flourish. The Off Ludlow Gallery expanded its outreach in February by offering two three-hour artistic practicums. Paige Wideman taught skills in bookmaking and Barbara Smucker offered a workshop entitled "**Exploration in Collage.**" Off Ludlow Gallery's Spark Studio hopes to continue creative workshops throughout the year. For class information visit our Facebook page at <https://www.facebook.com/offludlowgallery/>

Jan. 28 – The exhibition of **The Nature of Abstraction** by Chris Thalgott and Barbara Smucker opened with a reception. Colors, shapes, marks and forms provoked their effect. Forty-three curated pieces included a 36" x 48" acrylic painting and several petite 4"x 4" collages.

March 4 – Opening of a printmaking exhibition **Boundless**, featuring a select group of regional artists who employ traditional forms of printmaking. Some push beyond tradition, adding elements of mixed media.

April 15 through May 13 – **Celebrating the Artists of Clifton**. A call to Clifton artists will round out the gallery's Spring calendar, showcasing exciting works created by your neighbors. Please see our Facebook page for how to submit your application and entries for this juried show.

Upcoming exhibitions for the coming year include: May 20- June 24 **Street Art**; July 1-Aug. 5 **Printmaking** curated by Mark Patsfall; Aug. 12- Sept. 16 **Ceramic Sculpture by Joshua Maier**; Sept. 23-Oct. 28 **Steve Plattner** represents Off Ludlow Gallery during **FotoFocus**, Cincinnati's bi-annual celebration of photography. For this year's theme "World Records," Plattner's photos capture many of the least known world records. **OLG Gallery Gifts IV** — everyone's favorite holiday shopping destination — will close the year Nov. 18-Dec. 23.

## Cincinnati Recreation Commission

### New at the CRC - Meet Collin Fitzpatrick!



Collin Fitzpatrick is Clifton Recreation Center's new Service Area Coordinator. He came to the Clifton Recreation Center from Great Parks of Hamilton County at Winton Woods Harbor where he served as the Central Region Guest Experiences Manager. Collin has dedicated his career to proving youth, families, and communities with quality recreation experiences and has worked for Central Washington University, SOS Outreach, Boy Scouts of America, YMCA, and Great Parks of Hamilton County. Collin and his wife Megan have two young sons, Theodore (3.5 years) and Morris (3 mos). When he's not spending time at the center or with his family, you can find Collin mountain biking at Mount Airy Forest or snowboarding at Perfect North Slopes. Stop by CRC and welcome Collin to our community!





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**On the Cover – The Sidewalk Galleries of Clifton**  
**(Photos by Jan Brown Checco):**

We celebrate the hundreds of chalk artists who have embellished our pathways over the past decade, their names written in the margins of the photo montage. These adventuresome creatives used a special method of pastel and chalk blending with milk. Their artworks typically lasted 3 months, sometimes longer. Here’s how it all started, and hopefully will continue:

2011: Eight local artists created images on Clifton Plaza concrete insets for “ArtCarpets.”  
2012: Ten artists created images on the concrete insets on Clifton Plaza for “A Weekend in Clifton with Streetscapes.”  
2013: At the first CliftonFest, twenty-six artists created images all along Ludlow, Telford and Clifton Avenue sidewalks.

2014: During CliftonFest 2, thirty-five artists created images on business district sidewalks and at Diggs Plaza Fountain.  
2015 – 2019: Over two dozen more artists joined the ever-growing list of artists during CliftonFest’s celebrations.



*Working it in our concrete galleries: Tina Westerkamp, Josh Moore, Paul Brooke and Lisa Schera*

**Remembering Streetscapes – A Street Painting Festival**

For over a decade on the last weekend of each September, Telford Street in Clifton would explode in color as chalk reproductions of famous art works were drawn directly on the street by local artists. **StreetScapes: A Street Painting Festival** was an art festival unlike any other in the region!

StreetScapes celebrated the making – not just the showing – of art. Unique, because nothing was for sale, there was no “Best of Show,” no beer tents, no food trucks – just creation of art! Visitors came to Clifton to watch the art happen. Celebrating art history by creating large scale chalk reproductions of famous paintings, year after year visitors might see a Michelangelo being created next to a Van Gogh adjacent to an Andy Warhol next to an Edward Hopper. Some years up to 15 paintings were created over a three-day weekend. The StreetScapes committee included Helen Adams, Patrick Borders, Lisa Storie, Bob Cuoco, Julie Murphy and Jim Segers. Kip Eagen was the event coordinator. Artists worked in teams from the Art Academy of Cincinnati, University of Cincinnati’s College of Design, Architecture, Art, and Planning (DAAP) and Northern Kentucky University, including students, art teachers and professional artists. A workshop held prior to the festival taught the technique of street painting, and teams were encouraged to learn about their featured artists, how to interact with the public and answer questions about their work. The festival presented a community-inclusive public art event and encouraged visitors to patronize our local shops and restaurants. Visitors were drawn in by the creation of ephemeral artworks, would grab a bite to eat or drink, then return to check on the progress of the chalk drawings. In the “Kids Area,” neighborhood children “chalked in” a square for a “community quilt”. The music component of

StreetScapes featured Clifton favorites such as The Faux Frenchmen, Tracy Walker, Jake Speed and others. In later years, ArtWorks “Art Cars” were added to the program as a more permanent, roving aspect of the festivities.

As with all things, there is change, evolution, transformation. The outdoor arts festival elements of StreetScapes evolved into the more recent, beloved CliftonFest that has also featured a public chalk art component. Another public art “offspring” of StreetScapes has been Clifton’s “Art Utility Box Project” which provides new, more permanent colorful expressions throughout the community.

— by Kip Eagen



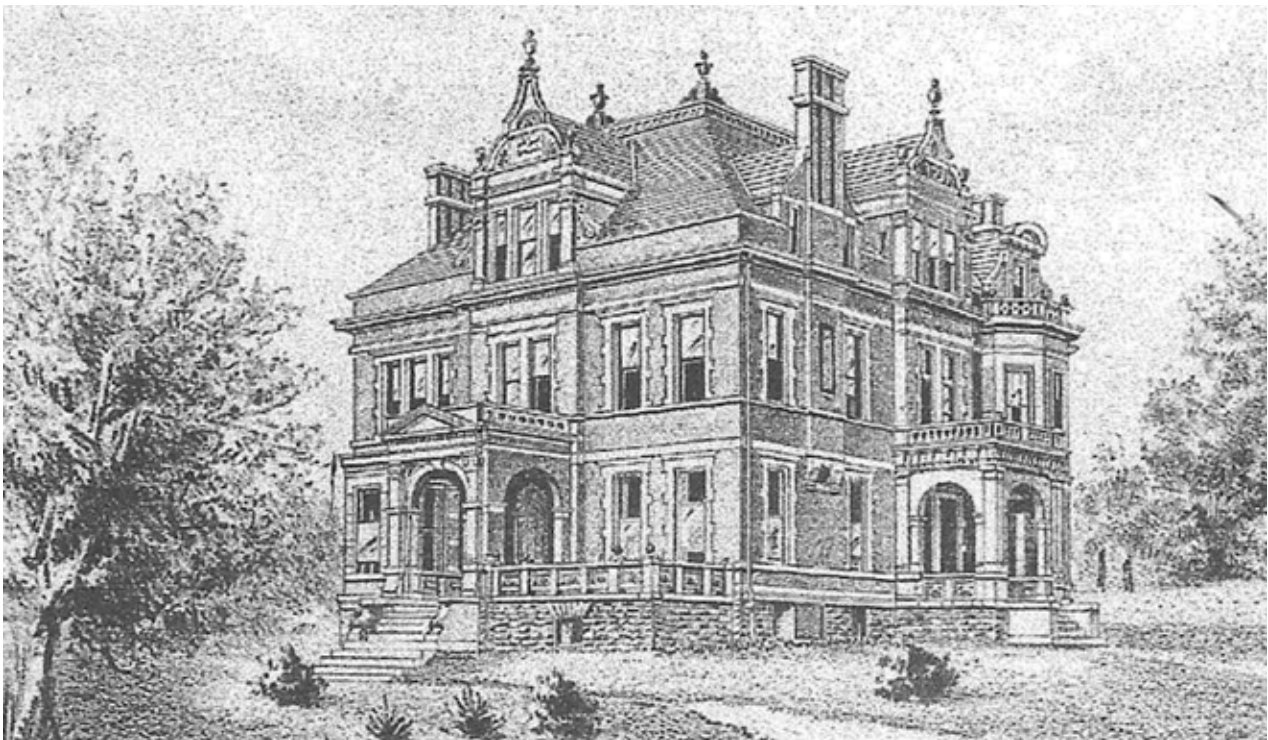


The Wiborgs

The “Gilded Age” ascent of Frank and Harry Wiborg and their families reads like a Horatio Alger saga set in Clifton. From humble beginnings in Cleveland, Susan Bestow Wiborg gave birth to her son Frank (1855) and then his brother Harry (1857). Her Danish immigrant husband – Henry Paulinus Wiborg – worked as a dockhand and died suddenly when the boys were 10 and 12 years old. Susan remarried Mortimer Butterfield, and in 1871 the family moved to Cincinnati in search of new beginnings. The 1872 census finds both teenaged boys living in a boarding house. Harry worked as a railroad clerk and Frank attended the prestigious Chickering Institute, graduating in 1874 alongside upper crust Cincinnati boys. The brothers shadowed each other into unimagined success from this point forward.

Newly matriculated, Frank went to work for Levi Ault, a vendor struggling to sell his lamp black and inks. Together, in 1878, they established the Ault & Wiborg Company, which became an internationally known source for high quality printing inks. We see their workers in Winold Reiss’s Union Terminal mosaic murals. Harry teamed up with John Parker Hanna, a son of the old William Hanna Lumber Company in the West End, which evolved into The Wiborg, Hanna & Co. Lumber Company – the largest lumber yards in Cincinnati, located at Gest and Dalton Streets. Supplied by their own mills in Kentucky, Tennessee, and Indiana, they processed some 120,000,000 board feet per year by 1899. The brothers manifested their successes by inhabiting grand mansions in Clifton. Having both married in 1882 (Frank to Adeline Sherman, niece of General Sherman, and Harry to Mamie Conarro), they moved their families into new homes. Frank and Adeline raised three daughters: Mary, Sara, and Olga. Harry and Mamie had but one daughter, Mary, who died in her third year.

Frank bought a splendid mansion and stables where the Senator Place Apartments now stand. Originally their frontage on Clifton Avenue, owned from 1890 until 1913, included a sunken garden and wooden bridge crossing to the mansion entrance. Frank hosted many socialite parties for his popular daughters. By 1906, Frank had accumulated so much wealth that he built a summer home – “The Bluffs” – in The Hamptons of New York. At 600 acres, it was the largest estate of its kind. He also owned a townhouse in Manhattan at 756 Park Avenue. He liked Cincinnati, however,



Harry



Frank

and returned often for social events and to play golf with his brother at The Clifton Golf Club. But he opted for New York’s social scene to make celebrity matches for his three daughters. When he died in 1930 of pneumonia, his Clifton mansion was sold, transformed into a frat house, then demolished in the 1960s to build the apartments now at 266 Senator Place.

Harry moved his family into a splendid duplex at 352 Thrall Street. He and Mamie resided there from 1899 to 1923, when they relocated to 3420 Cornell Place, and eventually to 3319 Ormond. Harry retired at 56 after his lumber operation suffered a devastating fire on July 26, 1913. Instead

of rebuilding with the insurance coverage, he and his partner John Hanna concurred “it was time.” Known as a philanthropist and good member of the Cincinnati Country Club on Grandin Road, he died in 1937.

My living room was once Harry Wiborg’s master bedroom. Its high ceilings, carved fireplace and beautifully shuttered Venetian and oval windows thrill this old history buff –along with the Wiborg provenance!

— by Geoff Gelke, *The History Buffs*  
Credits to: Bonnie Speeg and Stephen Headley of the Public Library Dept. of Genalogy & Local History





A Housewarming a la Preservationist  
— by Barbra Druffel



Photo by Helen Adams

Clifton would not be the unique and treasured neighborhood it is without the generations who have maintained, improved and loved the old homes that make up many of its residences. In the early 1840s, what is now known as Clifton was about 1,200 acres of mostly farmland divided among some dozen families. Included in our current varied architecture, one can still find some dwellings dating back that far.

Attracted by the lush hilltop geography and proximity to downtown, millionaires built their *\*Castles on the Rhine* in the mid 1800s. This opened the gates for many who wanted to enjoy life in “one of the garden spots of America.” Fast forward to today – many of the iconic houses that anchored early development of the neighborhood are still treasured homes. Three such houses have recently welcomed new owners: the William Resor home, built in 1843, at 254 Greendale Avenue; 348 Bryant Avenue, built for Dr Augustus Ravogli in 1900; and the stunning Colonial Revival built in 1904 for Hulbert Taft at 439 Lafayette Avenue.

I had the pleasure of speaking with Alan Davison and Danielle Kellogg, the new owners of the

Taft house. They are preservationists to their cores and are happily busy with projects that will further enhance this home while respecting its essence. Alan showed me the lock sets from many of the interior doors that he is rebuilding and polishing. They embrace with great appreciation the quality and craftsmanship of their new home. Much to the homeowners’ delight is a fact discovered after they purchased the home: Margot Taft Tytus – a supporter of the classics department at the University of Cincinnati, and who’s legacy is still alive there – spent much of her life in this house. Danielle Kellogg recently accepted the Christopoulos Chair in ancient Greek history in UC’s classics department. Alan is partner in a financial consultancy but also has a background in engineering, which he sees as a great help in their future projects on the house. Their two cats, Elpi and Kimon, whom they rescued in Greece, are currently unemployed and will probably not be much help with the house but are family members who make life better for their presence.

As the market for housing is affected by the pandemic and many other market forces, it is noted that Kellogg and Davison purchased this home remotely while working from Greece. A truly modern twist in the world of house hunting and home finding! A big welcome to our new neighbors whose efforts will help keep our beloved Clifton an enduring beacon in Cincinnati and a place vibrant with things old and new.

\*Referenced from Cincinnati Observed, by John Chubb.



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## The Esquire Turns 110!

The Grand Dame of Clifton's cultural arts scene just celebrated a big birthday! Stop in for a film and pay your respects while contemplating her storied past:

1911 – Originally called the Clifton Opera House, a single auditorium with small stage and 500 seats, presenting live performances and silent motion pictures with a live organist.

1927 – The Talkies arrive in Clifton!

1939 – The theatre is renamed "Esquire Theatre."

1940s – The audience enjoyed snacks from a concession stand.

1950 – Became a leading art theatre in Ohio, no longer screening second-run Hollywood movies.

1983 – The Esquire Theatre closed.

1984 – Wendy's proposes putting a fast-food restaurant in the location.

1984 – 1987 – Clifton Town Meeting and Clifton Theatre Corp. contest the restaurant, leading to a court battle in the Ohio Supreme Court. Clifton won!

1990 – The Esquire Theatre reopened with 3 screens/400 seats.

1999 – Remodeling incorporated 6 screens/730 seats.

2012 – Called "a film industry rarity" as an independent theatre showing first-run feature

films, the Esquire was named "One of the Top 10 Reasons to Visit Cincinnati" by USA Today.



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## The Arts Leaders of Clifton

— by Leslie Mooney

When my husband and I moved from Boston to Cincinnati and began looking to buy our first home in 2010, we were aware (though not entirely well-versed) in the east/west stereotypes of Queen City neighborhoods. High in our priorities was a geographic location that transcended the easy characterizations. A neighborhood with racial diversity and international influences – recent immigrants, ethnic foods, different faith traditions. All of this led us to Clifton, an eclectic neighborhood with an abundance of amenities, including a community arts center (smile). But one of the most rewarding outcomes has been the quality of the people – lifelong Cliftonites, new transplants like us, and those just here for a few years while they study or work.

Recently, I met Abby Marcus, the new Managing Director of Playhouse in the Park, who has lived in New York and Los Angeles. She moved to Cincinnati with her husband Qui Nguyen – a successful screenwriter and playwright – and their two children. The Midwest might not be the most obvious choice, but Abby says, “One reason I’m excited about relocating to Cincinnati isn’t just the Playhouse—there’s this larger arts community that makes for a vibrant exchange.” They’ve settled in Clifton, where our neighbors include dozens of arts leaders – curators at the Cincinnati Art Museum, musicians in the Cincinnati Symphony Orchestra, professors, art directors and arts entrepreneurs. I had a chance to chat with Joe Girandola, president of the Art Academy of Cincinnati (AAC); Colleen Houston, CEO of ArtWorks; Dennis Harrington, director of the Weston Gallery; and Kate Bonansinga, director of the School of Art at

the University of Cincinnati’s College of Design, Architecture, Art, and Planning (DAAP), about why they chose Clifton and what keeps them here.

Kate Bonansinga is a “boomerang” Cincinnati – she grew up here, moved away after attending Walnut Hills HS, and returned in 2012 following stints curating art galleries in Texas and Oregon. She wanted a pedestrian-friendly lifestyle, and because she intended to adopt a child, desired a family-oriented community with “lots of opportunities for children to connect with one another.” Kate walks to work at UC, often cutting through Burnet Woods, and her son can walk to school at CANS.

When Joe Girandola, a native of Baltimore, moved his family in 2012 from Philadelphia, it was to teach at DAAP. An easy commute to his new job and connection with other creatives were paramount concerns. In 2019, Joe became president of the Art Academy of Cincinnati (hired by Cliftonite and former AAC Board Chair Tyson Betts). Joe and his partner Laura’s two sons attended Fairview-Clifton School and he credits the diversity of residents and the independently owned shops (most notably Mike at Ludlow Wines) for keeping them here.

UC and DAAP’s schools also brought Dennis Harrington to Clifton in 1977 when he moved from Virginia to pursue a Master of Fine Arts degree. He “immediately fell in love with the Clifton community, its old established buildings and distinctive architecture, its eclectic business district and the friendliness of residents.” His curatorial career at the Weston Gallery has spanned over two decades.

Colleen Houston became CEO and artistic director of ArtWorks in April 2020, having previously held various positions there over 17 years. Originally from Cincinnati, Colleen moved from Northside to Clifton in 2018 to a house suitable for multi-generational living. She and her husband, Andy, sought a home in Cincinnati’s central urban core and were attracted by Clifton’s tall old trees and distinctive architecture. Raising two young girls, some of their family favorites are Clifton Cultural Art Center’s “Wednesdays in the Woods” concerts, the Clifton Meadows pool, Graeter’s and the Clifton Branch Library.

I asked all these arts leaders: “What are our city’s greatest cultural assets and opportunities?” Each answered with some variation of this: for a city our size, the breadth of arts institutions and the quality of the artists and the art emanating from them – is extraordinary. And there’s clearly something (many somethings!) about Clifton that has drawn these venerable arts leaders to our fair neighborhood. As Kate Bonansinga so eloquently said, our greatest opportunity is “to develop new (artists and arts institutions) based on current needs and that look to the future. And to be open to even newer opportunities that we have not yet envisioned.”



Leslie Mooney is the executive director of the Clifton Cultural Arts Center since 2013. She lives in Clifton with her husband, Brendan Martin, and their four sons.



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## Join the Burnet Woods Park Advisory Council

Are you interested in volunteering to help plan and carry out events in Burnet Woods Park? Burnet Woods Park Advisory Council (BPAC) was organized in 2003, and we've organized and carried out many invasive removal volunteer events (with assistance from Cincinnati Parks) over the following 5 years. A high point was the reopening of Trilside in 2007, with a wonderful parade and party with lots of kids. Not long after that, Cincinnati Parks underwent budget cuts, and BPAC activities went on hold but formally reorganized in 2019. Our first event was a movie night funded by a grant from the Cincinnati Parks Foundation. Invasive removal volunteer events resumed, sponsored by Preserve Burnet Woods and supported by BPAC. Fall Fest 2021 at Trilside Nature Center was a blast!

Please join us! We are currently volunteering to work on beautification of Burnet Woods Lakefront Plaza and activation projects, more invasive removal events, and would like to support more events. We meet virtually on Zoom monthly (first Wednesdays from 4:30-6:00 pm), with hopes to have hybrid Zoom/in-person meetings in the future. Please email me at [lisahaglund61@gmail.com](mailto:lisahaglund61@gmail.com) to be added to the email and Zoom list, if you are interested in joining BPAC.

— by Lisa Haglund



# Living in the 45220



## I was an Announcer/Bowling Lane Mechanic — by Larry Holt

Forty-five years ago, the Number One TV show at 7 pm weeknights in Cincinnati was "Bowling for Dollars." Broadcast live from Channel 12 studios, there were two bowling lanes inside the building. I read an interview once where George Clooney mentioned how the set of the Nick Clooney Show (his dad) was lifted away every night to reveal the bowling lanes. True. My crew mates and I performed this magic daily.

On the show, I had two jobs. One cool. One not. The cool job: Every night I introduced the host, Glenn Ryle, and announced prizes, etc. My friends were impressed, and for free beers I would do the "Bowling for Dollars" opening at Mt. Adams and Clifton bars: "It's time to hit the jackpot on Bowling for Dollars! The big money game show where everyone's a winner! And now, with all the fun and surprises, here's the man with all the dollars, the kingpin himself, your host Glenn Ryle!"

My other job (the not-so-cool) was to be occasional lane mechanic. I don't know whether our lanes were not well-maintained or it's just the nature of bowling lanes, but pin sweepers constantly jammed or spit pins out the back. We had a regular professional lane mechanic, but when he was off I was drafted to unjam sweeps and reload pins. Sounds simple, right? Wrong! This was a LIVE SHOW. No time to fiddle with the lanes that had to be ready to go in seconds. In LIVE TV, time does not stop. Glenn would be chatting amiably on the air with a contestant while I was at the other end of the lane cursing, sweating, and panicking – in

my headset the director yelling that he "needed those freakin' lanes NOW!" Bowlers know the "sweep" rack comes down to sweep away fallen pins at the end of every frame. But on our lanes, often the sweep would come down – but not go back up! Once, a bowler rolled her ball and hit the damn thing! One night while I struggled to lift the jammed sweep, it suddenly swung up on its own – and I almost lost my cool job as the show's bass-toned announcer. Why? That night I learned ... "Never straddle a bowling lane sweep."

Photo: Glenn Ryle of "Bowling for Dollars"



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UC Students Study Burnet Woods
— by Rachel Wells

As neighbor to the University of Cincinnati, Burnet Woods is fertile ground for student studies, including three environmental studies projects in the fall 2021 semester.

Dog Park - One project examined the environmental impact of a dog park at the northeast corner of Burnet Woods at the intersection of Ludlow/Jefferson and Brookline avenues — a location Cincinnati Parks selected in summer 2021. Students conducted a transect study (a method of measuring species richness), reviewed existing research on dog park impacts, and surveyed the community. Their transect study, conducted over a few hours in October, found 27 plant and animal species at the site, not counting species in the soil, with densest species richness closer to the nearby wood lines. Through existing research, they learned that decreased water quality and biodiversity are typical concerns, and that most benefits are community based, contributing to social cohesion.

UC senior Austin Burns said she and her teammates were surprised that a majority of residents surveyed (including those who claimed to be property owners or have dogs) were opposed to the dog park. Top survey concerns: pollution and increased traffic. Asked if Cincinnati Parks would perform similar studies, Communications Manager Rocky Merz referenced "a large contingent of dog park proponents" and said a dog park concept "has been under consideration and discussion within the Clifton community for the last three years. ... The Park Board has approved ongoing planning for the dog park and will not make a final decision until design plans and cost estimates are finalized and reviewed."

Avian Diversity - In a study comparing bird populations in Burnet Woods and on the UC campus, students found that Burnet Woods hosts more birds and more diverse species than does the campus, but the differences were not statistically different. Students noted that "Burnet Woods acts as a protected source of avian habitat that regularly disperses into the surrounding urban environment."

Goat Landscaping - Another research project looked at dwarf goats as a solution for removing invasive species. Though students saw "practical significance," they concluded that more scientific research would be needed to understand impacts.

Find students' full poster presentations at https://drive.google.com/drive/folders/1SMvjbeITap4aFkqoCPwWG8kcQdbB0li?usp=sharing



UC students Anais Absalon, Ayden Bennett, Austin Burns, Sarah Jencson and Michael Mason conducted a transect study of a proposed dog park in Burnet Woods as part of their fall 2021 environmental studies project. Photo provided by Austin Burns.

Trailside Nature Center in Burnet Woods Spring Programs

Art in the Park at Theodore M. Berry International Friendship Park
Saturday, March 5, 10:30a.m. to noon
Filled with public art from around the world, Friendship Park is a gem of a park along the banks of the Ohio River. This guided walk reveals fascinating stories behind these beautiful and award-winning creations. Park in the main lot near the colorful pinwheel — the tour starts from the adjacent plaza. Online registration is required at CincinnatiParks.com. For more information, please call 751-3679.

Active Adults — Hike Series
Recurring Mondays in April through May from 2:30 to 4 p.m.
Join other active adults for vigorous hikes in some of Cincinnati's most beautiful parks, including Armleder, French, Buttercup Valley, Mt. Airy Forest, Ault Park and more! Hikes are free of charge, rain-or-shine but will be cancelled in the case of severe weather. Sturdy footwear recommended. Online registration is required at CincinnatiParks.com.

Spring Wildflower Walks at Burnet Woods
Saturday, April 16, 10:30 a.m. to noon
Burnet Woods is home to a wonderful variety of spring wildflowers. Recent volunteer-led efforts to remove invasive honeysuckle from the park will have encouraged new flowers to be in bloom. From early folklore to interesting reproductive strategies, learn about the fascinating world of these living jewels. Meet in front of the Trailside Nature Center. For more information, please call 751-3679.



Advertisement for Ludlow Garage featuring a musician playing a guitar, a list of upcoming acts (Zachary Williams, Maysa, Wishbone Ash, etc.), restaurant hours, and a QR code. Includes the slogan 'Best Burgers in Clifton!'.

Advertisement for Ludlow Wines featuring the text 'FINE WINE CRAFT BEER', the address '343 LUDLOW AVE. CINCINNATI, OHIO 45220', and the website 'LUDLOWWINES.COM'.





## Libraries may change. The community's need for them doesn't. —by Eric Davis

Around the time that Parkview Manor was built (1894, then Boss Cox's mansion, but now the Clifton Branch Library), the Cincinnati Public Library was looking for solutions to the over-crowded downtown Main Library building. The search led to Andrew Carnegie, the industrial giant who had set up a foundation to build and fund public libraries across the country. On April 7, 1906, Cincinnati's first Carnegie branch library – Walnut Hills – was completed and opened to the public. Fast forward to 2022 and that first branch library is now being transformed into a 22,000 square-foot space that will better serve current needs. It's part of an overall plan to update and renovate our library system as we build for the future.

To do this effectively and be good stewards of public monies, the Library has hosted a series of community listening sessions, gathering input from customers about what they would like to see at their neighborhood libraries. The results have been enlightening and serve as a guide. They still reflect the values of former Carnegie Foundation trustee James Bertram who stated in 1904 that public libraries "should be easily accessible by the community...viewed as cultural centers, not only housing books but also providing community programming. (They should have) separate reading rooms, a children's room...and community meeting



Walnut Hills

rooms." Just as relevant today as then, we know that public libraries are much needed by successful and productive communities, and we work hard every day to ensure this.

To see more information about the library's Facilities Master Plan and the vision of our Next Generation Library initiative, please visit our website: <https://cincinnati.library.org/next-generation/>.

At the Clifton Branch, we look forward to adding back some of the events and programming that have been affected by the pandemic. Please check the events page on our website for fun spring programs for curious minds of all ages. There's something for everyone! [cincinnati.library.org/bibliocommons.com/events/search/index](https://cincinnati.library.org/bibliocommons.com/events/search/index).



Parkview Manor

## New School Montessori Students Study, Create and Launch Rockets

Students in fourth to sixth grades were thrilled to make and set off their own rockets on the blacktop at The New School Montessori. They began by studying the science of what makes this kind of event possible. Students looked all the way back to 400 B.C. when a Greek scientist propelled a pigeon along a wire using steam power, to when the Chinese ignited gunpowder for fireworks in 1232, to Newton's 17th century discovery of the three laws of motion, to the Germans' ballistic missiles fueled with liquid oxygen and alcohol in 1942. These discoveries led us to where we are today with humans launched into space.



Much like a balloon flies across the room when you let it go and the pent up gas inside escapes, thrusting it forward, rockets also use escaping gas to propel them forward. To keep the rocket heading in the

expected direction, stability is vital. Students' rockets had to pass a stability test (swinging it in a circular motion but having the nose remain pointing forward) before they could move on to the launch phase. They learned the names of each stage of flight – upward means launch, powered ascent, coasting flight and downward means ejection charge, slow descent and recovery. They counted out loud as the rocket reached its peak, using an altimeter and getting angle readings to determine the height their rocket achieved.

As you can imagine with "rocket science," there's a lot more that goes into it, and the students learned all about the thrust charge, the delay charge (white smoke that lets you track its path), the ejection charge (that sends out the parachute), the safety key, the ignition button ... and all the rest. They waited for a beautiful clear day (just like NASA!) and launched one rocket after another!



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## DePaul Cristo Rey Celebrates a Decade of Faith, Education and Vision

A beautiful new campus on Central Parkway, Corporate Work Study partnerships across the region, and a senior class tradition of 100 percent college acceptance – DePaul Cristo Rey High School (DPCR) has experienced astounding growth and success in 10 years. DPCR is marking its 10th anniversary this school year under the theme “Celebrating a Decade of Faith, Education and Vision.” Even under the significant challenges of the pandemic, DPCR leaders are focused on the bright outlook for the school’s future.

DePaul Cristo Rey opened in June 2011 in the former Concordia Lutheran church and elementary school at the corner of Central Parkway and Clifton Hills Avenue. Sponsored by the Sisters of Charity of Cincinnati, DPCR belongs to the national Cristo Rey Network of 38 schools that share a common mission to serve students who want a Catholic, college-prep

education but whose families have limited economic means. The schools’ curriculum is college-prep and is partnered with a Corporate Work Study Program (CWSP) through which students work five days a month at local businesses. Students partially self-fund their education while gaining meaningful work experience and marketable skills. Business partners gain a pipeline of young talent and boost their workforce diversity.

When DPCR’s first class graduated in 2015, Aaron Carter was there. “I came from a place and level of poverty where I didn’t see myself graduating from high school. Graduation opened a whole new vision for me of what I could do, what I am capable of. I am the first in my family to achieve a bachelor’s degree,” he says. Aaron is a behavioral health specialist at Cincinnati Children’s Hospital and a resident manager at Lighthouse Youth & Family Services. He’s

pursuing a master’s degree in counseling and human development. There are now more than 400 DPCR graduates. Some, like Aaron, have completed college and are enrolled in graduate studies. Others are working in their professions, including accounting, education and ministry, or in college. More than 300 students are currently enrolled at DPCR moving toward graduation and ready to take their places as Cincinnati’s future change-makers. DPCR welcomes inquiries from anyone interested in supporting the school or learning more about partnership with the Corporate Work Study Program. Visit [depaulcristorey.org](http://depaulcristorey.org) or call the school at [513-861-0600](tel:513-861-0600).



## Fairview Clifton German Language School

At Fairview-Clifton, we’re thankful for our teachers and other educators who continue to innovate and create new ways to effectively educate our students, no matter what the world throws at them. It’s no secret that the pandemic has hit school-age children particularly hard. Last year, Cincinnati Public Schools students were taught in different ways: “remote” (home all week) or “hybrid” (home half the week) for three-fourths of the school year. For students, their families, and educators, it has been really hard.

In response to rising staff absences (due to the COVID-19 omicron variant) across the district this winter, the Cincinnati Board of Education decided to go remote for two weeks. During this time, classrooms were cleaned deeply and sanitized, more substitute teachers were hired, and at Fairview-Clifton German Language School, something special was happening. Valuable lessons learned in the

2020-2021 school year allowed our teachers to take steps to make the 2022 winter remote online experience far better than last year:

- Grade level teams created schedules that mimicked in-person learning, but also front-loaded most of the online class in the beginning of the day. This allowed students and their caregivers to make fewer transitions during the day and made the schedule easier to follow.
- Teachers supplied resources and activities online and in packets that were sent home. And because teachers, students, and families are now familiar with online learning, those online resources and activities were easier to access and use.
- Teachers did an amazing job communicating with parents via email and take-home packets that laid out exactly what was expected from students while remote.
- Teachers helped students practice logging

into the online learning platform, finding and submitting assignments, and communicating with the teachers and others. They also reviewed online expectations and etiquette. As a result, the remote learning experience was very different this time around. Attendance in many classes was at 100% for the entire two weeks, with kids engaged and participating. A higher percentage of assignments were completed and submitted. Parent phone calls with technical issues and other concerns all but disappeared. When teachers were asked, “How’s it going?” the response was, “It’s going well!”



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Immanuel – In Service to the Community

Immanuel Presbyterian Church invites you to participate in its supportive outreach to the Clifton community and beyond, inviting folks to help with a few special aid-and-care initiatives.



Photo: UC students help to prepare Buddy Bags.

**The Buddy Bags:** Every week while school is in session, the Immanuel congregation prepares 25 bags of food and snacks for students at Fairview Clifton German Language School, distributed on Friday afternoons. Because these provide much-needed nutritional support over the weekend, the kids eagerly anticipate their Buddy Bags. You're invited to help with this effort that not only helps the children, but also gathers neighbors together to work towards the greater good.

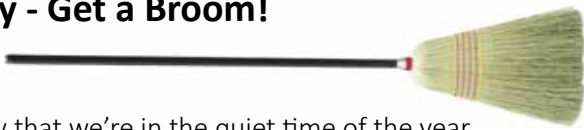
**The Easter Meals:** For families in the greater Clifton area, we purchase and bundle fresh and prepared foods for holiday meals. These are distributed to local families prior to Easter. Please contact the church at [kim@immanuelpresby.org](mailto:kim@immanuelpresby.org) to find out how to participate.

**St. George Interfaith Food Pantry:** The church continues in partnership for projects like the Christmas shoeboxes full of gifts for children in various age groups at St. George's annual Christmas gift giveaway. We are currently exploring how to regularly collect nonfood items for St. George's visitors. Cleaning products and personal hygiene supplies are much needed by those served by the pantry. Join us for these many worthwhile community service efforts by contacting us at [513-751-0312](tel:513-751-0312).

— by Brad Sheppard

The Gaslight Suggestion Box

Hey - Get a Broom!



Now that we're in the quiet time of the year...  
**LET'S TALK ABOUT LEAF BLOWERS!**

Nothing ruins a tranquil Sunday morning cup of coffee, with a little Sunday Baroque playing in the background, than a ROARING leaf blower! Have you noticed how it seems to take longer to clear a walk with a leaf blower than with a broom or a rake?

**Here are some leaf blower facts that go beyond annoying:**

- **Noise** – Most mid-range leaf blowers can expose users to up to 112 decibels (plane taking off = 105 decibels). At this level, they can cause “pain and ear injury,” with “hearing loss possible in less than 2 to 5 minutes.” And this can be heard many homes away. I said **“THEY CAN BE HEARD MANY HOMES AWAY!”**
- **Air pollution** – Leaf blowers expose users to 10 times more ultra-fine particles (that settle on everyone’s property) than someone standing next to a busy road. Gas powered leaf blowers and lawn mowers are soon expected to overtake cars as the leading cause of smog in the U.S.
- **General noise pollution increased** – Here in Clifton we hear lots of sirens. Do we really need more noise? As a boy I never cut grass before noon on Sundays or before 9 a.m. on Saturdays. Dinnertime was also designated a “quiet time.”
- **Stress** – Back to those ruined Sunday mornings, or maybe the backyard cookout driven inside by your leaf-blowing neighbor.

Want solutions? Here are options:

- **Can you say “broom”?** Quiet, efficient, non-polluting, easy workout, inexpensive!
- **Electric leaf blowers** are half as loud and non-polluting.
- **Creation of local restrictions** – as a last resort, although some communities have done so. Can you still hear me? THANKS FOR LISTENING!

CANS (Clifton Area Neighborhood School)



Focusing on development of the whole child and not just on academics, CANS' Expeditionary Learning Model (EL) provides hands-on, experiential learning opportunities that foster social, emotional, and physical development. Each day starts off with a **CREW meeting** - exploring new ways to be **C**onscious, **R**esponsible, **E**ngaged, and **W**elcoming throughout the day. These social emotional skills are reinforced both inside and outside the classroom, continuing at home within students' families.

In 2002, an initiative was launched for all CPS schools to become Community Learning Centers (CLCs), hubs for community services and events that seek partnerships within the community, bringing in academic, recreational, or health-related services to students. Schools connected to communities are most successful when all work together. CANS has begun to develop its presence as a Community Learning Center, creating a food and clothing pantry for CANS families in need. We accept donations of food, gently used clothing, school supplies, backpacks, hats, gloves, and coats. Interested in more information? Contact our Resource Coordinator Julia Bonfield at [jbbonfield@costars.org](mailto:jbbonfield@costars.org) or [513-527-7332](tel:513-527-7332).

CANS families extend heartfelt appreciation to all who supported fundraisers for our school playground. Children learn valuable skills in physical and social development while on the playground, an interactive place to play and grow. Students in our afterschool program can often be heard begging their parents to let them stay and play outside a little longer!

CANS was founded in 2017 and currently serves PreK-4th grade students from CUF, Clifton, and Spring Grove Village. We'll continue to grow to eventually serve PreK-6th grade, adding additional grades each year. Interested in enrollment? Call our main office at [513-363-2200](tel:513-363-2200).



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## Peddle-Paddle the Mill Creek

For some time out in nature, how about a loop trip with bike and boat just minutes from the center of Clifton? Exercise, stress reduction, a unique connection with nature. Paddle the Mill Creek one way downstream. Bike or walk back the other way on the Greenway Trail. Setting up your travel strategy is part of the adventure – here's how:

### Boat drop

- Drive your bike and boat to the Mitchell Avenue parking area by the I-75 entrance ramp (it's public).
- Unload and lock your boat and paddle to a pole.

### Salway start

- Drive to the Salway parking lot by Old Timber Inn on Spring Grove Avenue and park your car.
- Have a look at the paddler-access ramp through the gate so you'll know where to get out at the end of your boating.
- Take your bike, don your helmet and personal floatation device, and ride (or walk) the Greenway Trail.
- Biking or walking, you'll travel through Salway Recreation area and then on the sidewalks of Spring Grove Avenue, turning right onto Clifton Avenue.
- Cross Clifton Avenue and take the Mill Creek Bridge to enter between Zero-Breese and the Mill Creek (also public land) to the area with the new fence opening.
- Continue on the paved and gravel path along the Mill Creek to the Mitchell Avenue access where your boat awaits.

### Mitchell and back

- Back at the Mitchell access, unlock your boat, lock up your bike, and carry your boat down the ramp to the creek.
- The paddling starts with a flat water pool formed by the upper Salway riffle; then, it's down the riffle (a small rapid); and then on flat water to paddle serenely through Salway Park, surrounded by nature.
- Be on the lookout for kingfisher, black-crowned night heron, beaver, carp, smallmouth bass, duck and geese. Bald eagles have even been seen here!
- The takeout for your boat is at the south end of Salway Park.

For the really adventuresome, you can set up for a longer paddle – it's just 5 miles more down to the Ohio River. But don't forget to return to Mitchell to retrieve your bike!

— by Chris Carr



Aerial of the Mill Creek from the Mitchell access downstream to the Salway access. Highlighted in yellow, the Greenway Trail is located at the bottom of the Clifton Avenue hill. Yellow triangles point to parking at each end.



At the Salway paddler access. A good beginner's water flow is 100 to 200 cfs. You can check the USGS gage "Mill Creek at Carthage": [https://waterdata.usgs.gov/nwis/uv?site\\_no=03259000](https://waterdata.usgs.gov/nwis/uv?site_no=03259000)

## Spring Gardening - Make Beds for Natives!

Sharpen your pruners, get out your rakes and shovels – it's Spring! Our weather winter has been a story of highs and lows. Snowdrops were seen on a south-facing hill in Eden Park early in January, daffodils were up a few inches and some of the Lenten Roses in Smale Park were blooming. And then – shocking morning starts in the single digits! If any plants can survive such highs and lows, the natives will. They are vital to increasing the caterpillar and insect populations our birds need to survive. Bees have adapted to our native plants and without bees and other pollinators, we won't have the diversity of plants (think food) that we all enjoy. You can improve your garden's odds - prepare beds in the chilly spring soil for new hardy natives!

Here are a few places you can purchase native plants:

- Keystone Flora - located nearby on 5045 Wooden Shoe Hollow Lane, 45232 in Winton Hills. [www.keystoneflora.com](http://www.keystoneflora.com).
- Civic Garden Center - online sales of natives and non-natives and an in-person sale Saturday, May 7. [www.civiggardencentral.org/plant-sale/](http://www.civiggardencentral.org/plant-sale/)
- Cincinnati Zoo and Botanical Garden - natives on sale at their Bowyer Farm in Mason on April 23, May 14 and 28. [www.cincinnati.org/horticulture/horticulture\\_events/](http://www.cincinnati.org/horticulture/horticulture_events/)
- Cincinnati Nature Center - in-person sale of herbs, native perennials and shrubs on starting April 22 through June 5, from 10 am – 5 pm outside the Rowe Interpretive Center. [www.cincinnati.org/](http://www.cincinnati.org/) To learn more about natives for our area, click on the Zoo's recommended natives at [www.cincinnati.org/horticulture/plants/#symple-tab-native-plants](http://www.cincinnati.org/horticulture/plants/#symple-tab-native-plants). Wild Ones - a nonprofit that supports native plants - has a Cincinnati chapter and a helpful website: [www.cincinnati.wildones.org/to-help-you-grow/](http://www.cincinnati.wildones.org/to-help-you-grow/). And when you volunteer at a local institution, you'll have opportunities to learn much more about natives while working with other gardeners.

— by Alice Palmer



**CLIFTON UNITED METHODIST CHURCH**  
a reconciling congregation

**Online Worship Sundays at 9:15 AM, In Person Worship 9:15 AM and 11 AM**



“The people of Clifton United Methodist Church believe God's love is expansive and unconditional and that through Christ God has called us to love one another as God loves us. **We welcome all people: all genders, gender identities, gender expressions, races, ages, cultures, ethnic backgrounds, sexual orientations, economic circumstances, family configurations, or differences of faith perspective.** We celebrate the worth, dignity, and gifts of every person as a child of God.” - Our Reconciling Statement

**No matter what - you are welcome!**

**Join us for Sunday worship and follow us on social media for the latest activities.**

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## The Power of Regenerative Therapies

The Power of Regenerative Therapies

Regenerative medicine may be defined as the process of replacing or "regenerating" human cells, tissues or organs, restoring or establishing normal function. Damaged tissues and organs are repaired by replacement of damaged tissue or stimulation of the body's own repair mechanisms. A few common injuries or conditions that can be managed by Regenerative Injection Therapies (RIT) include back pain, neck pain, golfer's elbow, tennis elbow, osteoarthritis, and ligament/cartilage/tendon injuries. Here are the basics about two effective treatments:

**Adult Stem Cell Therapy** —This therapy promotes the repair response of damaged tissues, tendons or joints by injecting the patient's own stem cells into the injured area. Stem cells are “undifferentiated” cells, which allow them to develop into another type of cell. They can stimulate the formation of cartilage, tendons, ligaments, bone, and fibrous connective tissues.

**Platelet Rich Plasma (PRP) Therapy**—This therapy allows us to harvest the patient's own platelets and re-inject them into the site of the injury to initiate repair and improvement of function. These platelets circulate within the bloodstream and are responsible for blood clotting and initiating a restorative response in an acute injury. PRP has been successful in not only relieving pain, but also in jump-starting the repairing process.

Both procedures are typically done in an office and under image guidance of ultrasound and/or fluoroscopy. If you feel restricted in your daily life and want to make a change for the better, please don't wait one more day. Always discuss in detail what is causing you pain with your doctor and ask if RIT therapy could benefit you. It is possible to get your body back on track!

— by Zeeshan Tayeb, MD

The Laser and Regenerative Center treats underlying problems specializes in state-of-the-art treatment including laser therapies, PRP/stem-cell injections, and nutritional/hormonal optimization.





Have you ever wondered how to reduce the amount you throw away? The Cincinnati Recycling & Reuse Hub takes a wide variety of items as part of their mission “to help mitigate the effects of climate change by increasing recycling, reuse and landfill diversion rates in the greater Cincinnati area.” Located in the Lower Price Hill area, this non-profit currently runs on volunteer staff but hopes to grow to include paid positions and expanded services. Here’s an idea of the kinds of things you can bring for free:

- Plastics: Nos. 2-7, lids, straws, bubble wrap, plant pots, utensils, wrappers, bags, coffee bags
- Oral Care: Empty toothpaste tubes and caps, toothbrushes, floss containers
- Health and Beauty: Empty lotion tubes or other plastic packaging, pumps
- Medical Items: Empty pill bottles, crutches, walkers, canes, x-ray film, eyeglasses

- Jeans/Denim and Shoes
- Styrofoam: Egg cartons, packing peanuts, molded foam packaging
- Office Supplies: Pens, pencils, markers, crayons, glue sticks
- Miscellaneous: Corks, empty aerosol cans, Swiffers, contact lenses and packaging, Tyvek
- Tools: Scissors, box cutters, garden tools, pliers, wrenches, work gloves

For disposal fees which vary, the Hub also takes electronics, batteries, ink/toner cartridges, cell phones, and light bulbs, among other things.

Recycling and Reuse at the Hub does take some time and effort. Items must be free of product, clean and dry, and once on-site must be sorted into the appropriately labeled bin or container. But there’s satisfaction in disposing of things in a more sustainable way. The complete list of accepted items can be found on their website - <https://www.cincinnati recycling and reuse hub.org/>.

— by Marianne Brunner

## A Call for Photos “Beauty in our Parks and Gardens”



The Summer 2022 issue of the Chronicle will feature your photos on the cover of our newsletter! Please submit your favorite images to [ctmchronicle@gmail.com](mailto:ctmchronicle@gmail.com) by April 1 for consideration. We’ll need 300 dpi resolution, at least 4.5” x 6” scale. Photos received after April 1 will be entered into our archives for later publication. Thanks for your participation that makes the Chronicle beautiful!

Photo: Temple of Love, Mt. Storm Park by Trine Bumiller

# New year, same healthcare family.



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