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Clifton Town Meeting P.O. Box 20042

# Clifton Town Meeting - Your Community Council

Established in 1961, CTM is Clifton's official community council recognized by the City of Cincinnati. Our objective is to preserve and develop the community, recognizing that Clifton is one of Cincinnati's first suburbs, possessing traditional charm and a unique creative character. CTM advocates on behalf of residents and businesses, giving a platform for ideas, concerns and opinions.

#### **President's Message**

This past year has seen a flurry of activities in Clifton. The concert series at the Clifton Plaza, sponsored by the Clifton Business Association (CBA) drew a steady crowd of people wanting to reconnect after a couple of years in social isolation. VegFest repeated its successful gathering at the bandstand in Burnet Woods with about 40 exhibitors and vendors. The tenth CTM Golf Outing had more players than ever before, concluding with a fundraising prowess of over \$23,000, with \$3,000 benefitting your community council (CTM) and the rest going to the UC Lady Bearcats Golf Team in recognition of their unwavering support during the ten years of this fundraiser. The Mt. Storm Advisory Council produced Twelfth Night in Mt. Storm with the Cincinnati Shakespeare Company, and the Burnet Woods Advisory Council held another successful Fall Fest in Burnet Woods. The Clifton Community Fund (CCF) also had a very successful fundraiser at the Cincinnati Woman's Club on Lafavette Avenue, a fine dinner highlighted by wine pairings prepared by Mike Anagnostou of Ludlow Wines. Meanwhile on Ludlow Avenue, two new establishments opened their doors: Auntie Apple's Kitchen and the Tap Room on Ludlow. Both achieved prompt success, filling spaces that had been vacant for months and responding to niche needs with services. Two long-standing establishments- Biagio's Bistro and Arlin's Bar- renovated their facades. Our Clifton Cultural Art Center (CCAC) finalized their permit application and all is "go" for a great construction season in 2023 while CCAC continues to provide classes and arts events, including concerts in Burnet Woods, gallery exhibitions, and Carpool Cinemas at Clifton Rec Center. CTM hosted three cleanup/ beautification events in the business district with over 40 volunteers plus a busload of UC Students. Several happy "Pop-Up Puppy Parties" (PUPP) filled the Plaza with wagging tails and two-legged owners.

We've completed our Safety Cameras master plan begun three years ago with installation of 6 sets of cameras positioned along Ludlow Avenue. The cameras have already proved beneficial, providing important information to District 5 Police. CBA organized and paid for several additional police shifts that ensured a peaceful end to summer. CTM and CBA secured a grant for enhancement of our Plaza with new fencing, improved landscaping and a new pergola over the performance terrace, all to be completed before Spring 2023. The Chronicle continues to expand with a 24-page issue for this Winter. With over 40 contributors to your community newsletter, it's a testimony to the depth of our creative community, supported by the businesses and our civic and religious organizations. Everything I've described is only possible thanks to dedicated volunteers. As we approach the end of 2022, I am grateful to live in a community that cares. Our quality of life is not an accident! Preparing for 2023, we must continue to care for each other. Winter brings slippery sidewalks during snow events and nights become longer. Please help pedestrians navigate their way by shoveling snow as quickly as possible and consider leaving your porch lights on for added safety over long nights and dark mornings. Spring will be here before we know it. So please consider a donation to our Clifton Cares 2023 Safety Fund crowd-funding opportunity (see Page 3) that will help pay for more supplementary police details, keeping our streets and businesses safe Happy holidays to all!

-Gerald Checco, CTM President 2022

#### **2023 CTM Board of Trustees**

The CTM Executive Board will be elected and installed in January 2023. The new trustees as elected at the November 7, 2022 meeting are: Jan Brown Checco, Mansee Chauhan, Gérald Checco, Brendon Cull, Barry Gee, Mary Pat Lienhart, Naghma Malik, Nestor Melnyk, Tim Noonan, Justin Ogilby, Jayme Ritter, Michael Roller, Genet Singh, Rachel Wells, John Whedon.

#### **Keep in Touch with CTM!**

For announcements and links to virtual meetings, visit our website at <a href="http://www.clifton-community.org">http://www.clifton-community.org</a> When you move, please send an update to your mailing address to <a href="mailto:ctm.chronicle@gmail.com">ctm.chronicle@gmail.com</a> And also let us know if you'd prefer to receive your Chronicle as an e-newsletter.

#### **CTM Committees, Chairs &**

**Liaisons** (Assignments expire Jan. 9, 2023)

Executive—President Gérald Checco
Arts & Culture—Joyce Rich, Mary Pat Lienhart
Caretaking & Beautification—Jayme Ritter
Chronicle—Jan Brown Checco
Clifton Community LLC—Gérald Checco, Tim Noonan
Communications—Rachel Wells, Monica Windholz
Events—Barry Gee
Finance—Treasurer Tim Noonan
Governance—Mary Pat Lienhart
Housing & Zoning—Nestor Melnyk, Jayme Ritter
Membership—Robert Hamberg
Nominating—Gérald Checco
Parks—Robert Hamberg, Mary Pat Lienhart
Transportation/Public Safety—Brendon Cull, Mary
Pat Lienhart

#### **CTM Ad Hoc Committees**

Community Plan—Nestor Melnyk, Jayme Ritter Nutrition & Fitness —Zeeshan Tayeb Golf Outing—John Whedon To inquire about volunteering for CTM committee, email ctmpresident@cliftoncommunity.org

\_Business (1 vote)......\$40

#### **CTM Liaison Roles**

Uptown Consortium—Gérald Checco
Invest In Neighborhoods—Gérald Checco
TriHealth/UC Health—Zeeshan Tayeb
Clifton Community Fund—Tim Maxey
Clifton Business Association—Gérald Checco, Jan
Brown Checco, Genet Singh
Neighborhoods of Uptown—Malcolm Montgomery

#### The Clifton Chronicle

Quarterly Newsletter of Clifton Town Meeting P.O. Box 20042, 45220-0042

The Chronicle is CTM's free-to-the-public newsletter, delivered to over 6000 readers on 3/1, 5/25, 9/1 and 12/1. To subscribe for a printed paper or to request your Chronicle by email only, please provide your postal mailing, email address(es) and full name(s) to <a href="mailto:ctm.chronicle@gmail.com">ctm.chronicle@gmail.com</a>
The Chronicle is supported our advertisers and by the City of Cincinnati's Neighborhood Support Program and Neighborhood Activation Funds.

<u>Clifton Chronicle</u> is available online! This code and the address below will take you to the enewsletter and to our archives on our website.



https://www.cliftoncommunity.org/clifton-town-meeting/clifton-chronicle/

#### **Clifton Chronicle Committee**

Jan Brown Checco, Chair 2022—Josie Angel, Marianne Brunner, Gerald Checco, Barb Wriston Ruddy, Rachel Wells, John Whedon, with advice from the CTM Executive Committee

#### **Be A Chronicle Content Creator!**

We invite our readers' participation in content creation. Our next deadline is January 24 for the Spring Issue that covers activities from March 1 to May 20, 2023. Send all images (300 dpi jpg) and stories (400 words max in a Word doc) to ctm.chronicle@gmail.com

# Make Your Voice Heard - Become a Member of Clifton Town Meeting! Here's how:

Clifton Town Meeting (CTM) is your community council, advocating on behalf of the Clifton community. We sponsor many activities and festivals throughout the year, but to continue this important community work, we need YOUR INPUT. Membership is open to all neighborhood residents, property owners and businesses, age 18 or older. Membership dues cover 12 months, are our second largest means of support, and are tax deductible. CTM also accepts donations,

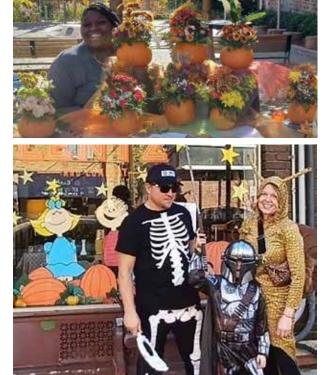
second largest means of support, and are tax deductible. CTM also accepts donations, so please consider this as you sign-up or renew at <a href="http://www.cliftoncommunity.org/membership/">http://www.cliftoncommunity.org/membership/</a>

Sign up online or clip this form and send it along with a check or money order payable to: Clifton Town Meeting, P.O. Box 20042, Cincinnati, Ohio 45220-0042.

Name(s)	Address	
Phone(s)	Email(s)	
Committees and Activities that interest you:		
Membership Categories: Single (1 vote)\$20 Household (2 votes)\$20 Full-time college student (1 vote) \$10	Senior citizen, 65+ (1 vote)\$10 Senior household, 65+ (2 votes\$14 Life membership (2 votes)\$180	Thanks for writing legibly!

\_\_\_ Donation of \$\_\_









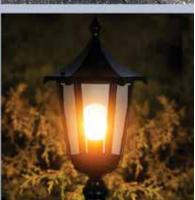


Please keep storm drains clear of debris, ice and snow.

Winter niahts are long and mornings are dark.

Let's keep our porch lights on for safety.







Ludloween 2022 – Thanks to all the volunteers and business owners who made our annual trick-or-treat event sweet!

#### **Security Cameras on Ludlow Avenue**

Thanks to funding by grants, we have added "eyes" on our sidewalks, helping to keep the peace. This completes the community's master safety plan started in 2019.

#### Thank You, Clifton Photographers! Credits for this issue include:

Jeff Wilson, Alex Stanton, Kate Spencer, Ted Johanson, Nestor Melnyk, Angela Potochnik, Eric Davis, Ellen Vera, Leah Kottyan, Mary Nauman, Bonnie Speeg, Drake Ash, Joe Hamrick, Steve Schuckman, Clive Moloney, Mary Steele, Heather Augustine, Richard Curtis, Anna Ferguson, Jan Checco, Gerald Checco









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#### about Your Safety and Our Businesses!

Clifton, we need your help! You may have noticed an additional presence of peacekeepers in our **business district** last summer. In order to continue this support to our businesses which costs \$300 for every 4-hour shift, we're seeking the support of neighbors to cover 30 weeks of additional security.

Your gift to CTM is tax deductible and donations can break down to this schedule of coverage:

One Hour costs Full Shift (4 hours) costs \$300 One Week of service costs \$1200



Any amount you contribute helps us to keep the peace on Ludlow Avenue for neighbors, customers and businesses.

Go to www.cliftoncommunity.org/products-page/ membership/additional-donation/ Or scan the QR code above at right. Thanks for helping!

#### Fall Clean-Up Beautifies, Invigorates Clifton

#### — by Mary Nauman

More than 30 volunteers came together on Ludlow Avenue Oct 15 to dedicate their Saturday morning to beautify Clifton.. The Clifton Town Meeting (CTM) Community Clean-Up is a triannual event that combines community spirit with community beautification. Gardening supplies were purchased from Ace Hardware (with a friendly discount, thanks Bryan Valerius!) and coffee served to volunteers by Upside Brew (thanks John Carnevale!). Cincinnati ToolBank loaned essential shovels, Keep Cincinnati Beautiful shared experienced volunteers. More than five hours were spent cleaning, planting, and building together. Projects included changing out flowers in street pots along Ludlow; pressure washing benches and sidewalks at Telford; remediating graffiti and doing carpentry at the Plaza. The city provides our flowers and maintains them throughout the year.

CTM trustee Jayme Ritter (Chair of the Caretaking and Beautification Committee) was joined by trustees Gerald and Jan Checco in leading the volunteers who ranged from long-time participants with green thumbs to first-time participants. University of Cincinnati students and volunteers from "Keep Cincinnati Beautiful" tackled essential trenching in the Plaza bamboo bed. Volunteers were warmly welcomed, assigned roles and handed tools. "I come every year," said Laura Retyi. "It's a wonderful way to see everyone and meet new people. Such a great community." Linda Fatherree and CTM trustee Rachel Wells walked the business district with isopropyl alcohol and steel wool, scrubbing away graffiti tags, sometimes spraying over with paint. "I love this assignment because it has visible, immediate impact," said Fatherree, who has assisted the past four years. Volunteers expressed the sense of pride they feel long after the event is over. When on Ludlow, they see the

positive impact. "This is good fun work," said Chris Bujnak. "But what I really like is driving by later and thinking, 'I helped with that and it looks really good."

Ritter said another major benefit is that the plant materials are offered for replanting. Volunteers and Clifton residents are offered flowers from the past season for their own gardens. This fall, those plants included wax begonias, euphorbia, cannas, periwinkle and sweet potatoes.

Thanks to volunteers: Brad Hawse, Ryan Britton, Linda Fatherree, Rachel Wells, Laura Retyi, Miriam Gosling, Jeff Rich, Tim Noonan, Karen Noonan, Omar Manny, Logan Sagle, Patricia Rupich, Chris Bujnak, Katie Jujnak, and 15 University of Cincinnati students.















# Fall 2022 City Hall Corner — Clifton — by City Councilman Mark Jeffreys

It is said, "True public safety requires collaboration between citizens and government." Our public spaces such as Clifton Plaza and Burnet Woods are gathering places for everyone and, thanks to the many volunteers and City employees committed to cleaning up trash, removing graffiti, planting trees, etc., our shared spaces are well maintained. Unfortunately, it does happen that some people engage in illicit activity, and then the partnership between community and government is more important than ever. The partnership is typically maintained by Clifton Town Meeting leadership and the relevant city agencies (such as police or parks), but when there are barriers, I'm pleased to facilitate action. Recently, I reached out to the parks director and police to address some reported illicit activities, which, thanks to their responsiveness, were addressed within a day in a humane way. On longer-term issues, I am partnering with the city manager and police to more systemically address problems like vehicular speeding and "nuisance" crimes. Partnership requires resources. To that end, I was proud to support and pass in Cincinnati's "carryover budget" an additional \$104,000 for the Neighborhood Support Program (NSP) to fund initiatives like lighting, cameras, and greenery. The budget also includes \$3 million for neighborhood-led pedestrian safety projects – a priority of mine and of City Council. We have created a Catalytic Neighborhood Program for projects like the Clifton Cultural Arts Center. Rather than having City Council arbitrarily pick "winners and losers," projects will compete for funding based on objective criteria. We've also budgeted \$28 million for deferred maintenance at parks and recreation facilities and the like. Through strengthened collaboration, we will continue to work through inevitable challenges. I appreciate the opportunity to hear from residents and to serve. As always, please reach out to me with your concerns: Mark.Jeffreys@cincinnati-oh.gov.



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# Clifton Golf Outing to benefit UC Lady Bearcats and CTM

#### by John Whedon

The Clifton Golf Outing celebrated its tenth annual and most successful year in 2022 in terms of both number participants and dollars raised. This year's fun at Avon Fields Golf Course included 96 golfers. At the post-golf dinner on the deck, it was announced that this year's beneficiary – the University of Cincinnati Lady Bearcat golf team - would receive a check for \$20,000. The Lady Bearcats have been great supporters of Clifton Golf Outing, and it was time to support them! In addition to competing on the college links, these ladies are big volunteers in our community and their team has an average 3.7 GPA! In total, Clifton Golf Outing has now given over \$100,000 to local beneficiaries including Burnet Woods, Clifton Cultural Arts Center, Little Sisters of the Poor, Good Samaritan Cancer Center and others.

A highlight of the event — "Beat the Lady Bearcat" — had golfers betting they could hit their tee shot closer to the pin than their partner Lady Bearcat on the par-three hole number 8. This year's Duke Energy "Friend of Clifton Award" was presented to Helen Adams & Patrick Borders for their countless hours spent giving back to the Clifton community.

We thank our title sponsor Good Samaritan Hospital of TriHealth, Friend of Clifton Sponsor Duke Energy, Beat the Lady Bearcat Sponsor Roto-Rooter, and our presenting sponsors: Koch Refrigeration & Air Conditioning, Clifton Market, DiTomassi & Druffel Comey & Shepherd Realtors, and Al Neyer. Hole sponsors were Dewey's Pizza, Gaslight Property, Mac's Pizza Pub, Clifton SAY Soccer, Clifton Dental Care, Superior Credit Union, The Upside Brew, ACE Hardware, Mac Shack, Uptown Consortium, Blitz Insurance, The Wean Family, The Graduate Hotel, Sir Didi Gregorius, The Deeter Advisory Group, and The Rababam Family. Clifton Golf Outing is a CTM (Clifton Town Meeting) event.





Friends of Clifton 2023

— Patrick Borders and
Helen Adams



Adam Fosnaugh, Pat Woodside, Matt Bourgeois, Mike Roller, Hole Sponsor Bilz Insurance



Wesley, Ian and Jonah Ogilby

# CTM Transportation and Safety Committee

#### — by Mary Pat Lienhart, Chair

Community members of all ages are helping to make the streets of Clifton safer for pedestrians. CTM applied for and received a Clean and Safe grant earlier this year to purchase a vehicular speed radar sign and materials to make crossing flags for intersections. Through the efforts of committee members (Katie Kalafut, Justin Ogliby, Mike Schur, Kevin Marsh and Michelle Murphy), this grant was obtained in hopes of involving all members of the community — including the youngest. With the support of ACE Hardware and Julia Bonfield of Clifton Area Neighborhood School (CANS), our students have taken to designing the future of safety for themselves and their neighbors. Julia says, "Community is at the core of CANS's mission. The Expeditionary Learning curriculum emphasizes hands-on experiential learning and community involvement. Our students see that their work matters and can have a direct impact on their neighborhoods. Making safety flags was a perfect fit for our curriculum, especially because many of the students walk to school every day along Clifton Avenue. Special thanks to Ms. Dunning and Ms. Pearce for bringing our visualization to life in the classroom."

In addition to introduction of the flags, we hope the community will see the speed radar sign at various locations throughout Clifton, gathering information that's useful in support of any requests we submit to the city to make our streets safer. Whether that be speed bumps, speed humps, sidewalk bump outs or other traffic calming designs, we are in this together and we ask that everyone drive carefully to keep the streets of Clifton safe for not only our residents but for all those who visit our vibrant community.





**HOORAY!** The four-way zebra/bengal tiger striped intersection at Resor and Middleton avenues is complete! Now safer than ever, we give thanks to all who worked for this improved pedestrian and vehicular security! And thanks to the City, for being responsive to our needs





Our newest crossing guard, Marvin Barnes, has acquired from CPS and the City additional flashing lights to make drivers aware of the new stop signs during dark morning commute hours. Thanks, Marvin! Please take care- everyone!



#### Elections for the CTM Board - 2022/2023

This year, Clifton Town Meeting's elections shifted forward to November to allow for an easier onboarding schedule during the holiday period. Several of these sessions are required to help newcomers orient to the bylaws and responsibilities of executive and committee leadership. Two months of preparation will stage a confident launch in January as CTM prepares for the year ahead. These candidates have all been elected to 3, 2 and 1-year terms of service, based on the number of votes received.

#### **The Candidates**

#### Mansee Chauhan

As I am becoming an urban planner, I wanted to be involved with the community where I live, engaging to know their concerns while working with them. I hope that with my skills, training and background as an urban planner, I will be an asset to the board. I wish to give back to community that has welcomed me. My co-op experience and the classes that I have taken in past year and current year will help me to broaden my knowledge within real dynamic settings. (One-year term)

#### **Gerald Checco**

After 30 years spent as a public servant leading 4 agencies, I was elected to the CTM board in 2020. I was Treasurer for two years, then President in 2022. Among my accomplishments: I created a Memo of Understanding between the three Clifton civic groups (Clifton Business Association, Clifton Community Fund and CTM) that enables them to work more efficiently together maximizing effectiveness. I co-created CliftonCares during the pandemic to help our restaurants survive, and received a "Leadership in Crisis" award (2020). I organized 7 community volunteer cleaning events,

earning a Keep Cincinnati Beautiful award (2021) and was recognized as "Friend of Clifton" (2021). I've helped to make the Chronicle financially self-supporting and updated that mailing list. I obtained many grants on behalf of both CTM and CBA, managing the completion and reporting of these grants. I've volunteered for our cleanups, two Golf Outings, the Memorial Day Picnic and as a writer and distributor for the Chronicle. If elected, I intend to serve by fostering collaboration among our civic groups, developing win-win outcomes in every case, and by helping a new generation into a future of leadership. (Three-year term)

#### **Barry Gee**

I have been serving on the CTM board for a few months in 2022 as a replacement for a Trustee who could not fulfill their term. I had the pleasure to lead the resurrection of the CTM Memorial Day Parade/Picnic and currently serve on the Events committee. We often hear discussion of the importance of community engagement, and I am pleased that through the work of CTM, here in Clifton community engagement is in the action phase. There are committees for many of the issues we are facing and we as a community are having a say and some control over what happens in our neighborhood. As a community we must always remain vigilant and be a proactive voice. I have seen directly that Clifton Town Meeting is an organized and effective organization, determining needs and building consensus for our community. I humbly ask for your vote as a Trustee and look forward to continuing to serve this great organization. (Three-year term)

#### **Tim Noonan**

I've been serving on CTM by appointment since July 2022. I would like to continue the work I've

begun on CTM's accounting software, assuring that the treasurer's duties are more easily transferable in the future. Our family moved to Clifton in 2017 after Karen and I retired from our jobs in Butler and Warren counties. We love this neighborhood and our neighbors and can't imagine a better neighborhood for us. Besides the amazing people we have met in Clifton, we love Clifton's "useful walkability." It is so calming that so many necessary services are a short walk away. Supporting the safety and health of our business district should continue to be a CTM priority. Crime in Clifton is a major concern for many residents. We should continue our work with District 5 Police but should also look for actions CTM can lead to aid in crime reduction. The future will bring changes to how people move in our neighborhood. I have noticed a great increase in the use of electric bikes and I've seen incredibly fast electric scooters. CTM should continue its work to make Clifton's transportation safe while staying aware of coming changes. I hope you will consider voting for me as a CTM board member. (Three-year term)

#### **Rachel Wells**

As a car-free apartment dweller, I rely heavily on Clifton's accessibility to greenspace and multimodal transportation. To me, the ability to walk through a dense canopy of trees and to entertainment, dining, retail and educational establishments is the rare mix that makes Clifton unique. I want all Clifton residents and visitors to feel welcome, included and valued. My career has included stints as a newspaper reporter, in communications and stakeholder engagement, and as a grant writer. I am currently a project manager for an education nonprofit. Throughout, I've worked to make systems more responsive to the communities they serve by building understanding and promoting



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civic participation. I'm eager to continue this effort as CTM trustee, and I believe my experience as a resident in multi-family housing and as a public transit user adds a valuable perspective to the board. I was appointed to fill a trustee vacancy in 2022 and now serve as co-chair of the communications committee and on the membership committee. I continue to volunteer as a writer and proofreader with the Clifton Chronicle. Going forward, I would like to encourage more and more diverse residents to participate in CTM and to expand content on CTM's website. (Two-year term)

#### **Justin Ogilby**

I first moved to Clifton to attend the University of Cincinnati and liked it so much that my wife and I bought our first house here in 2013. Elizabeth and I now live on Clifton Avenue with our 4 kids Jonah, Wesley, Ian and Isabell. Jonah and Wesley attend school at Fairview and Ian is in preschool at Immanuel. We are parishioners at Annunciation Church. Recently I've been involved with the CTM Transportation and Safety Committee, working on addressing safety issues along Clifton Avenue. Professionally, I'm an executive, board member and co-founder at STACK Construction Technologies, a software company in Blue Ash. On the CTM board I'll work to continue to improve safety and quality of life for kids, families and all residents of Clifton. (Three-year term)

#### John Whedon

I have been happy to be a Clifton resident now for 18 years and, like many of you, love our neighborhood's beautiful parks, incredible architecture, mature trees and walkability. My family has enjoyed much that is here-from elementary education at Fairview, summers at Clifton Meadows, Clifton soccer on Spring Grove, great neighbors and block parties, and much more. No neighborhood is perfect, of course, and there areas of needed focus critical to Clifton's viability. If elected to the board I would like to do what is possible to make the business district a more inviting place to be for shoppers, walkers, both residents and visitors to Clifton alike. This includes attracting the best possible retailers as well. Store theft, vagrancy, panhandling, litter, smoke shops are some areas of concern I have. I would also support the already growing effort to slow down traffic on Clifton Avenue. Clifton is great and can be so much better. Together we can make it happen. (Three-year term)

# Free Yoga at Burnet Woods and Trailside Nature Center

The Cincinnati Parks Foundation Stewards of Burnet Woods are proud to support **FREE Community Yoga** for all at Trailside. World Peace Yoga teaches classes every Saturday from 10-10:45 a.m. and 11-11:45 a.m. through April 1. All levels of experience are welcome, simply bring yourself and your yoga mat. More information at <a href="https://www.worldpeaceyoga.com">www.worldpeaceyoga.com</a>. Make sure to also sign up for the FREEdom Month of Yoga.

Mindfulness Practice, a free community offering. Friday, 8:30-9 a.m. and Sundays, 11-11:30 a.m. at World Peace Yoga, 268 Ludlow Avenue. Bring more mindfulness into your life, replace stress with serenity and fatigue with vitality. Through breathing techniques, guided meditation, and the power of meditating in a group setting, this practice brings balance to one's life through greater development of intuition, empathy, compassion, focus, calm, energy, and inner peace. Explore your inner universe, connect with your authentic self. More information at www.worldpeaceyoga.com

Become a Yoga Teacher? The daily stresses of life are at an all-time high. Many of us feel overwhelmed. Physicians all over the world are prescribing yoga as means for increasing well-being, healing our bodies and increasing general health. It also can be a powerful practice for coping with severe trauma and depression, as described in studies reported by Psychology Today and Newsweek.







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# Art in Clifton

#### The Taproom on Ludlow

by Alex Stanton



It's what we've all been waiting for — a craft beer bar with a focus on hyper locality! Each of the Taproom's 24 taps feature a continually rotating selection of locally sourced craft beer, all from within a 60-mile radius. This focus allows one to experience the breadth of offerings the Cincinnati beer scene has

all in one location. Whether it's your go-to from a favorite local brewery or a one-off from a brewery you've never heard of, The Taproom on Ludlow has something on tap for everyone. The menu also features a collection of elegant but simple cocktails hand selected by an expert mixologist, as well as a brief wine list meant to appeal to everyone's tastes. We are connected to Habanero, so order delicious chips and queso or a burrito while you enjoy your brew at our 38-foot long bar or tables. Our stage hosts live music every weekend; other events include trivia and an open mic comedy night. We're a top spot on Ludlow to watch sporting events and open on Sundays for NFL football. Our two goals — to support local craft breweries, and to create a place for the community, friends and loved ones to come together to enjoy quality beer and good times — have been fulfilled. Now all we need





# New Mural at the Taproom on Ludlow

— by Bonnie Speeg



Cincinnati native and artist Dylan Speeg has created the vibrant mural for the new Taproom on Ludlow (360 Ludlow Ave). The eye-popping work is a combination of artistry and skill. The digital montage design was created and

submitted to Speeg by Raena, wife of Taproom owner Max Monks. Speeg's interpretation included image projection and enhancement of the montage art, resulting in a super colorful feature. The image incorporates familiar Clifton landmarks, including Cincinnati's historic Red Top Brewery. A smiling Jerry Garcia overlooks the bar. Speeg's work on the mural and exterior signage took five days. He worked at night and around daytime contractors as they installed floors, crown moldings and the bar itself. Convenient runs to ACE Hardware for paint and supplies numbered over a dozen. Much about the new Taproom is local, right down to the art. Speeg studied at the Art Academy of Cincinnati and is a portrait artist and illustrator, creating independent graphic novels and zines. Several of his animation films have won national awards. He's also a musician in the band Heavy Hinges and lives with his family in Clifton.



#### Manifest Drawing Center (at M1) Winter Programs — by Jason Franz

Manifest's Drawing Center has settled into its new permanent Central Parkway location (M1). All the nonprofit studio programs, including many new ones, are now active on a daily basis! The center's role as an alternative for visual arts practice and study has been celebrated across the region for the past two decades, attracting participants of all ages from near and far. Programs include our flagship weekly 'Open' offerings (uninstructed), such as Open Figure Drawing four days a week (including a new Sunday morning portrait session); Open Darkroom five days a week; and free Open Studio times. Professionally instructed programs include the ongoing classes Photography Essentials, Drawing Essentials, The Painted Subject, Painting Essentials, and the popular Drawing as Mindfulness. Special visiting artist workshops occur at intervals across the year with the next being the return of internationally known Shane Wolf to teach a three-day figure drawing workshop, Dec. 9-11 a.m. This will include a live drawing demonstration open to the public on the evening of Dec. 9, 6-10 p.m. Visit our website for tickets. Friends & Neighbors - Open House: Saturday, Dec. **3, 2022, 12 – 4 p.m.** Manifest's board of directors will be hosting an open house at the Drawing Center at 3464 Central Parkway to welcome Clifton area residents, friends, and neighbors to the organization's new permanent home. This

is a chance to see the starting point of what will become the Manifest Center for the Visual Arts over the next two years. Guests will learn about programming, meet the people behind Manifest, and learn about the organization's mission and our vision for this historic property. Guided tours of the facility and studios will be conducted at 1 p.m. and 3 p.m. Light refreshments will be served. Please email info@manifestvisualarts.org with questions. www.manifestdrawingcenter.org



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# **Art in Clifton**

#### **Off Ludlow Gallery - Gallery Gifts 2022**

Beautiful unique, useful, affordable things created by more than 24 local artists for the people you love. **Opens for Holidays on Ludlow on Saturday Nov. 26 at 3-9 p.m.** Additional hours: Thursdays and Fridays 2-6 p.m. Saturdays Noon-8 p.m.



#### 13th Annual Golden Ticket at the CCAC

2022 First Place Winner Leslie Getz Title: "Searching Myself 1"



#### **Cincinnati State's New Mural**



Cincinnati State dedicated a new mural on the first floor of the Advanced Technology & Learning Center (ATLC) on Oct. 21, 2022. Among those attending were Cincinnati State President Dr. Monica Posey (second from right), Designing Artist Derek Toebbe (far right), ArtWorks Director Colleen Houston, and team members who developed the mural. The mural is in a highly trafficked area between the student lounge and the cafeteria and is visible from several floors. Toebbe described the mural as a reflection on the nature of light and transformation, and said it was inspired by the many barn paintings of quilt patterns he saw as a child on long drives in the country with family. Funding for the mural project came from the Ohio Arts Council as part of the Ohio Percent for Art Program.

#### The Cincinnati Clay Alliance Holiday Fair



We're returning to Clifton! On Saturday, Dec. 3, 2022 from 10 a.m. to 3 p.m., more than 20 artists will be selling original ceramic artworks for your home and gift giving. Held at the Clifton Recreation

Center (320 McAlpin Avenue, free parking), a food truck from Marty's Waffles will be serving delicious fare. Browse unique handmade ceramics ranging from artisanal plates, mugs and bowls for your kitchen to sculpture, jewelry and whimsical items for home and garden – all created by members of our area clay guild, the Clay Alliance. Marie Hamaker, a co-chair of Holiday Fair says, "I want people to smile when they look at my ceramic work. I use bright colors, animals and textures to merge whimsical and natural elements." Another

exhibiting artist, Ora Vichitchot, has exhibited work at many art institutes including the Toledo Museum of Art. Of her unique handmade functional and decorative pottery, Ora says, "With a touch of love and a



passion for nature, my works tend to be simple but delicate." She focuses on sharp forms and textures, especially in glazing. The Holiday Fair is an opportunity to support your local artists! The Clay Alliance has been a presence in our community for over 25 years, presently with more than 130 members who sustain the strong tradition of local clay work, enriched by diversity among our artists. Through community service events like Empty Bowls, which benefits the Kids' Cafe, and a network of local pottery studios where people young and old learn to create with clay, Cincinnati continues to be a great place for collectors. For more about the featured artworks, follow Clay Alliance and Holiday Fair on social media

# Renewal - Sculpture with a Message — by Clive Moloney

Patricia and David Foxx commissioned a new sculpture — Renewal— for their Clifton property, wishing for interpretation of the idea of family. I noticed their love for trees and designed a sculpture in the form of abstracted maple seeds, created from ash wood ethically sourced from fallen trees in the woods around my home on Lafayette Lane. The sculpture connects the family life of trees with that of humans. In healthy woodlands, 'mother trees' recognize their young and send them water, carbon and nutrients through their roots and the mycorrhizal network. Young saplings fill the gap in the canopy after parent trees fall. But the natural cycle of local trees has been disrupted by destructive beetles, invasive plants and an overabundance of deer that prevent seeds from sprouting and saplings from maturing. In 30 to 50 years, maples may no longer grow here, having migrated north due to climate change. Seeds hold so much hope for the future. Some require the heat and destruction of forest fires to create new life. I hope the carving and burning of wood from dead ash trees — the transformation into sculpture - can light a spark within us, encouraging the planting and nurturing of native seeds for a brighter future. clivemoloney.com





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#### Weekly Group Meetings In Our Building Include:

AA- Weds 9:45 PM, Queen City AA- Monday 7 PM, Saturday 7 PM Marijuana Anon- Sunday 4 PM, Clutterrers Anon- Monday 5:30 PM Gamblers Anon-Tues & Thurs 12 PM, Sat 8 AM OCD Support Group - Monday 7 PM, Sahaja Yoga- Fri 6:30 PM SLAA - Monday 6:45 PM, Tuesday 5:45 and 6:45

Easter Seals Hub 8 AM-2 PM Mon-Fri; Bible Conversations & Communion: Wednesdays at Noon, sometimes Zoom Congregational Music on Thursdays: Vocal Choir- 6 PM, Handbells- 7:30 PM

#### **Upcoming Activities Include:**





Chapters Northside: Sunday evenings A Progressive Christian community where stories intersect. Follow @ChaptersNorthside for the latest



Wild Church: Fourth Saturdays at 10 AM Spirituality without boundaries Follow @WildChurchCinci for the latest



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# **Diversity in Clifton**

# International Folk Dancers of Clifton — by Kate Spencer

For over 70 years, Cincinnati has maintained one or more weekly groups dedicated to international folk dancing. Dances vary from many countries and regions and are purely recreational. One of these groups has found a welcoming home in Clifton. The Cincinnati Folk Dancers meet every Thursday night from 7:15-9:15 p.m. at the Clifton Cultural Arts Center on Short Vine to do traditional village dances, primarily from Eastern Europe (Romania, Bulgaria, Greece, Albania, Armenia, Croatia, Serbia, Hungary, Russia) and the Middle East (Israel, Turkey, Egypt, Palestine), though we also know a few from western Europe, America and Canada. We recognize that our repertory includes no dances from Africa, India, Asia, or Latin America, owing to the fact that origins of "international folk dancing" in 1930s America were established by Eastern European émigrés eager to preserve the cultures of their homelands.

Paradoxically, these traditional dances are now better preserved in America than in their countries of origin where they typically are danced only at weddings, festivals or by professional performers. We try to preserve these dances in a relatively authentic form, with one major exception – in villages, many of these dances were gender-specific dances or were done by women and men in separate lines. American groups reject segregation – everyone dances and in a shared line. Some of our favorite dances have complicated steps and sequences, but most of the dances are simple, designed so everyone could do them. Cincinnati Folk Dancers welcome newcomers and offer teaching for the first hour each week. Our motto: "If you can walk, you can dance – if you know your right foot from your left and can count to four!" All you need is a pair of flat comfortable shoes, and because most of our dances are done in a line or circle, no need to worry about finding a partner. The weekly charge is only \$3, and there's no

need to commit to a specific number of classes. If you can teach us a dance from your culture of origin, we would be glad!

Our group is happy to dance for audiences, dressed in authentic cultural costumes. If your event would be enhanced by folk dancing, contact Kate Spencer, 47katespencer@gmail.com. Want more? Another local international folkdance group meets on Saturdays from 7:30-9:30 p.m. at Twin Towers on Hamilton Avenue in College Hill. Contact Brian Eastman, pastor.brian.eastman@gmail.com.



#### International Children's Day, Cincinnati Style

Cincinnati celebrated its very own International Children's Day on Saturday, Sept. 24, 2022 at the Trailside Nature Center in Burnet Woods. Showcased were Cincinnati's nine Sister Cities – Nancy, France; Liuzhou, China; Mysore, India; Gifu, Japan; New Taipei City, Taiwan; Kharkiv, Ukraine; Munich, Germany; and Amman, Jordan. Sponsors included Cincinnati's Sister City Association and USA Balloonatics in partnership with Cincinnati Parks, the Cincinnati Public Library, the Camping & Education Foundation, and Activities Beyond Classrooms.

After World War II, President Dwight Eisenhower started the Sister Cities program, envisioned as a network of cities that would champion peace by fostering bonds between people from different cultures. He reasoned that building partnerships would help people

understand, appreciate, and celebrate their differences, and ultimately lessen the chance of new conflicts. Cincinnati has built strong connections to the global community through our Sister Cities. At the event, each Sister City had a booth where children could learn about the cities and also collect prizes, including country flags, floral headbands, puzzles, fans, chopsticks and various giveaways. Passports could get stamped at each booth, representing the child's "trip around the world." Other activities included a parade of flags, canoe rides on the lake, story time with Miss Amanda, and button-making featuring flags. City Council Member Mark Jeffreys read a mayoral proclamation for "September 24, International Children's Day in Cincinnati." Entertainment included The Mango Lassi Indian Dance followed by four talented young musicians playing the GuZheng, a beautiful Chinese instrument. The Cincinnati Dayton Taiko Group

performed spirited drumming, and four children from Bi-Okoto Drum and Dance demonstrated African drumming. The most poignant moment of the day came when a group of Ukrainian dancers performed. It was a stark reminder that our Sister City Kharkiv, Ukraine, has long been under siege by Russia.



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# **Diversity in Clifton**

#### **Genet Singh** — Ethiopia



My journey to Clifton was a far one, but when I first stepped foot in the neighborhood at 13 years old, it was a place I knew I wanted to be.

I immigrated from Addis Ababa, Ethiopia, to Cincinnati as a teenager with my family. Clifton was much different from Addis Ababa, which has its own impressive, unique energy. Addis Ababa sits high at an

elevation of 5,280 feet at the base of Mount Entoto which towers above the bustling city. As capital of Ethiopia, the city has a multitude of coffee shops and a bustling art scene, diplomats, business people, and lawyers all conducting business throughout the city in bars and restaurants. The National Museum of Ethiopia is home to the legendary Lucy, the oldest and most complete skeleton ever discovered, found in Ethiopia.

Despite all these differences, I felt at home in Clifton, which has the same unique energy of Addis Ababa. I loved the diverse cultures within the neighborhood, its bustling shops, and its beautiful parks.

I'm happy to say that my feeling back then grew into a reality. I gave birth to my children at Good Samaritan Hospital, only a few blocks away from the restaurant that I own here as well as from Clifton Market, which my husband and I manage. Two of my three children attend the University of Cincinnati, and all of my children have made countless memories at Clifton's parks, restaurants, and coffee shops. I'm still friends with the countless immigrant students in my ESL class at Withrow High School and have made many other dear friends with people from all over the world. I am grateful to be a part of the vibrant tapestry that makes up this neighborhood.



#### Samira Sarabandikachyani — Iran



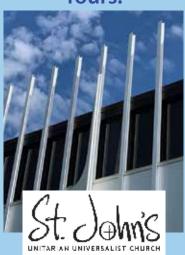
I was born in a small, poverty-stricken city on the current border of Iran and Afghanistan. When we came to the United States in 2012, my husband and I first lived for three years in Albany, New York. In 2015, I was admitted to the University of Cincinnati College of Design, Architecture, Art

and Planning (DAAP) for a Ph.D. in architecture, so we moved to Clifton. In 2019, I returned home to Iran to write my dissertation. Due to COVID-19 and the impact of sanctions, I could not communicate legally with my advisor and my committee member. To complete my degree, I was required to be in the U.S. until completion of my dissertation, so we returned here in summer 2022. We rented an apartment in this neighborhood because of closeness to UC and the strong feeling of community. I like Clifton's diversity, the strong character of Ludlow Avenue and its historical buildings, its walkability, the public spaces and public schools. I have two sons: Parham is in second grade at Clifton Area Neighborhood School (CANS). Despite his hesitancy at the beginning, he is doing very well there and enjoys learning new sciences. My younger son, Sepehr, attends Arlitt and has lots of valuable experiences there.

Living far away from our home country is challenging, especially with a family and kids. Cultural differences and the second language have been our main challenges. Iran is a country with many diverse cultures and ethnicities. Clifton's neighborhood is the main diversity that I feel here. When we walk, we meet people and connect with the community. In this, it is very similar to my neighborhood in Iran.

I really like our business district; however, shopping here is expensive for us. To manage our financial issues as students without permission to have a job, we usually use a more affordable marketplace such as Aldi. Having more affordable groceries would make life easier in Clifton. Also, the western end of Ludlow is not very safe for walking. Dunore Park – which is almost in the center of the neighborhood – doesn't have a crosswalk or signs, and the high speed of cars discourages people with kids from crossing into the park. Also, being close to many apartments, having a barbeque place there and more benches would make the park more family friendly. We live at the Sherlock apartment tower where most of our neighbors are from India, and we really like it there.

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# Sanja (Cico) Bias — Bosnia and Herzegovina



I arrived in Cincinnati as a high school senior in the fall of 1995 to escape three and a half long years of war. I was very fortunate to be placed with a generous local family who hosted me for two years before I moved to the University of Cincinnati (UC) campus. My "American family" is still an integral part of my family's life. I finished

my senior year of high school at Seton and was accepted to UC's College of Engineering. With the generosity of many Americans, a co-op job and a job as a resident advisor, I was able to complete my undergraduate degree and attend graduate school. I now work as a medical physicist and have a family of my own.

For our first date, my husband and I went to the Esquire Theatre, followed by dinner at Ambar and Graeter's for dessert. How Cliftonite, right? That is when the old IGA was still here and where, as a homesick kid, I was able to find a few foods from "back home." It was my favorite store for a while as I didn't drive yet but could walk to IGA from UC. My husband lived in Clifton Heights and as our family expanded with two children, we decided to stay close by and chose Clifton. I like that it is centrally located, and my husband said he wanted to live somewhere where he can walk to Graeter's.

Our two children attend Fairview-Clifton German Language School, play soccer for a Clifton team, and enjoy being able to walk around, ride bikes with our neighbors and continue to meet new friends. That is how I grew up in Sarajevo as well. I always walked to school, and I am really glad that our children can as well.

I appreciate my visits to Bosnia, seeing my sister, her family and other extended family and old friends, as I feel like I need to "replenish my soul" by being in Sarajevo. However, it is always nice to return home, here in Clifton, and after a few weeks of no Skyline, to visit it with my kids and enjoy that truly Clifton experience.



The Bulgarian Association of Cincinnati will celebrate Baba Marta (Grandma Marta) Day on Feb. 26-27 on Clifton Plaza! Stop by to learn more about it, receive a martenitsa!

#### **Clifton Cultivates and Cooks**

A silver lining from our universal COVID confinement was this: many of us became acquainted with our yards, our gardens and the wonder of plants around us. As some kind of normalcy returns, we've retained that new interest in growing and caring for plants, even learning to grow some fruits and vegetables. In

this issue of the Chronicle, spend some of your winter dreaming-and-scheming time planning next Spring's gardening at home. Be inspired by your neighbors and their stories about how growing and purchasing fresh foods brings greater well-being to their lives.

#### **Clifton Community Garden**

by Mary Steele



The Clifton
Community
Garden sits at
the northwest
corner of
Dixmyth and
Clifton avenues,
formerly the
backyards of

houses that were demolished in 2006 for a wider, relocated Dixmyth. TriHealth owns this land, which was maintained as a lawn until 2010. That's when John Hemmerle and Will Lambeth graduated from the Civic Garden Center (CGC) "Community Garden Development Training" program. With the assistance of Peter Huttinger (then CGC's community gardens coordinator), they approached Tri-Health with a plan to create a community garden. TriHealth agreed, and the latest location of the Clifton Community Garden became a reality. The garden has 14 raised beds, 13 of which are rented by Clifton gardeners for a small annual fee. The remaining bed — a square in front of the water tanks — is a "community" bed where gardeners plant herbs, fruit and vegetables that anyone in the community can harvest and share. The produce grown in the other 13 raised beds belongs to the gardeners who rent those plots. This isn't always clear to passersby, and we do lose some produce to browsers in the garden, both four- and two-legged! The garden is sponsored by the CGC, which offers training classes for anyone interested in gardening. Find their current class schedule at civicgardencenter.org. Thanks to Tri-Health for being a generous partner by maintaining the green lawn between the beds and supporting projects like brush removal and replacement of rotting raised beds. Next year a pollinator garden will be established between the water tanks and compost bins. The flowers in this area can be gathered by anyone, or pinch off the heads of dead, dried blooms (full of seeds) to plant in your home garden beds. We meet annually in January and February to plan the garden and also have four work days during the growing season. Part of the garden rental requirement is that renters will work at least two of these days. There's currently a short waiting list for garden rental, but all are welcome to help with the planning and working in common areas of the garden. If you're interested, please join us! Email CGC Community Gardens Coordinator Kymisha Montgomery at kmontgomery@ civicgardencenter.org

#### **Chickens a la Clifton**

#### — by Angela Potochnik

Our family had already planned to begin raising chickens in March 2020 and had already picked up our six day-old chicks from Mt. Healthy Hatchery by the time stay-at-home orders were in place. We spent lots of time at home doting on them and debating their names. Six chickens, we thought, because they are notoriously fragile creatures, vulnerable to predation and illness. Two golden comets (brown eggs), two Ameraucanas (blue or green eggs), a barred rock, and a lavender Orpington (both with light beige eggs). Now, two and a half years in, three chickens remain, all healthy and happy. (We lost one chicken to a slow, congenital disease and two others to a mysterious illness.)

I've learned some important lessons. First, six chickens are too many for our tiny postage-stamp backyard. They rapidly killed all the grass in their enclosure, and all efforts to restore grass and other plantings failed. And a family of four doesn't need all the eggs six chickens produce! In the laying seasons (spring, summer, fall), they produced about three dozen eggs a week. In contrast, our current three chickens peacefully coexist with plants in our small yard and lay enough eggs for my family, even though only two still lay eggs. Peaceful coexistence of chickens and garden is no small feat, but by carefully guarding seedlings and surrounding mature plants with some simple fencing, things improved. While I'd wanted chickens as an extension of my gardening and composting activities, they have also become an integral part of the family. While not the smartest of creatures, they are social, verbally communicative and trainable. When I whistle, our chickens come running in hopes for a treat. My older daughter goes outside to be with them when she's feeling moody, and my younger daughter gleefully picks up each one in turn to deliver hugs. Neighbor children and our own help to keep the chickens where they belong and look after their needs.



Mabel with six chickens: Zoe, Chloe, Cholula, Chipmunk, Rocky, Violet



Violet is a Lavender Orpington

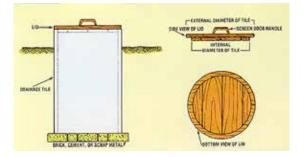


# Fill Your Yard with Rotting Garbage! — by Larry Holt

When you look at fruit peels or vegetable waste, you're actually looking at solidified solar energy! Energy that you can unlock and use to feed your garden and yard. It can be as easy as digging a hole and throwing your scraps in it (everything but meat and dairy scraps). It's called the trench compost method. Just bury your scraps in your yard and let them compost underground. After six weeks or so you can plant where you put the scraps or around it. Or you can dig the compost up and put it where you need it. But wait! We live in Cincinnati and even with climate change the ground can freeze in winter. What do we do then, Compost Boy? Two options: Throw your scraps in a dedicated garbage can (with a lid) until the ground thaws, allowing you to then dig a hole and empty the can; or you can build a clay drainage pipe composter. It's almost as simple as the pit except you have to build it, but it's pretty simple:

- **1.** Get a pair of 18-inch diameter clay drainage pipes. They're available at builder supply stores.
- **2**. For each pipe, dig a wider hole in well-drained ground.
- **3.** Line the bottom of the hole with old brick, or scrap metal.
- **4.** Leave a few openings for drainage, small enough (less than a half inch) to keep out vermin.
- **5.** Slide the pipes in vertically and backfill around them with soil.
- **6.** Cover the top with screen, metal or a wooden lid.

When you've filled up the first pipe, start on the second. By the time the second one is full, the compost in the first pipe will be just about ready to use! These are easy cheap ways to release the energy hiding in your kitchen garbage. To find others, do a Google search for composting. In some communities there are composting services that will collect your kitchen scraps (no meat or dairy) and deliver fresh, ready-to-use compost. Perfect for condo dwellers or container gardens in apartments.



#### **Calling New Gardeners**

— by Nancy H. Johanson



It's late October and I'm putting the garden to bed as goldenrod offers its last pollen to honeybees. The bees rush about increasing their stores before winter. Swiss chard is still green and vigorous. In the garden house Ted built to protect our veggies from rodents,

I see green beans and tomatoes survived the night's freeze warning. I'd tucked them under fluffy row cover with an old flannel sheet on top. Soon we'll harvest them. We eagerly await the fine flavor of new potatoes dug from the earth yesterday.

But zucchini was different. Last month, our plants were vigorous with large orange blossoms. But they soon died from a fungus that thrives in warm humidity. Gardening has many ups and some downs—weather issues, insects, disease, rodents. When the zucchini died, I re-examined why I garden. The answers flooded in:

- Homegrown food tastes best and is snappy fresh.
- Nature's infinite tiny miracles are in full display.
- Gardening makes me healthier. The food itself, the exercise. I like to dig, plant, water and nurture.
- I bet endorphins are released any sunny morning I'm able to work in the light and air, accompanied by singing birds.
- I slow down enough to observe boundless beauty.
- I delight as I pop a sweet cherry tomato into my mouth.
- I feel a deep belonging when I'm an active participant in Mother Nature's great family.

I recall hearing that garden sprites especially love when children come into the garden. I believe it, having picked peas with our young grandsons next door. Their wonder and joy filled the garden house. They brought humor too. One would smile and say, "I'll just eat three more pea pods, Mimi. Well, maybe eight or 10."

Perhaps most important is the growing awareness about caring for the earth, about clean food and water. More and more of us are learning to grow food—whether on rooftops in containers, in backyards, even fire-escapes. We are wielding trowels and seeds. We may start just with basil plants, gradually add lettuce, tomatoes, and begin to augment what we buy from stores and farmers markets with what we grow. As we gain experience, we might branch out, dedicating more space for vegetables and herbs, perhaps less for grass. Together we can learn much from plants. They are eager to help us. This winter, consider ordering some seeds. And when spring comes, roll up your sleeves. Take the plunge. <a href="mailto:lightheart@fuse.net">lightheart@fuse.net</a>

#### **Clifton Honeybees**

#### by Ted Johanson

A few years ago, my wife took a class with a local beekeepers group. To be honest, I was not that intrigued with the idea of having bees in the yard, but in due time I got hooked and began researching how we might do this. We decided on a horizontal hive versus the standard box hives because a horizontal hive does not require lifting the entire heavy box of frames. You lift just one frame at a time. We found plans online and I set about building our first hive.

When we were ready to pick up our first bee colony, nature provided a wonderful experience for us. A swarm of honeybees landed in a tree across the street on Mother's Day in 2020. Honeybees swarm when the colony gets too big and they need more room, usually in the spring. I quickly called the neighbor and said I would find a beekeeper to collect the swarm. In the process of helping the beekeeper, part of the swarm dropped on us, covering us with bees. Having bees gently walking on you and not stinging even once was an incredible experience. I was smitten.

A few weeks later we installed our first colony in the hive and began the wonderful experience of beekeeping. Due to COVID-19 we were not able to take any classes but did much research on-line and were in touch with local beekeepers. We've learned a lot about honeybees, discovering that the bees could collect pollen and nectar from flowers as far away as the Cincinnati Zoo!

We're starting our third winter of beekeeping. It has been a challenge in many ways, but we continue learning, mostly from the bees. The first colony did not make it through the winter, but that spring we caught a swarm in our backyard! We now have two hives in the bee apiary.

Our intent has been to help the honeybees, which are in serious decline. Without them, nearly a third of our fruits and vegetables would not be pollinated. To help them grow and thrive, we follow as natural a way of beekeeping as possible. So far, little honey has been collected, but when we do harvest some, it is an amazing treat to taste the golden sweetness – a gift from these amazing creatures. ntjohan@fuse.net



#### **Grow Upwards for Abundant Harvests**

– by Leah Kottyan



In our family, tomatoes are the taste of summer. We gather 'round seed catalogues to plan our tomato garden. In 2021, we grew six different varieties and canned sauces that fed our family well into November. When we moved to Clifton in December, we knew that

things would change, as our new vegetable garden would be a fraction of our previous garden. We planted two seedlings (Better Boy and Early Girl) on Mother's Day, and leaned into lessons we'd learned from our previous experiences:

- Raised beds filled with 1/3 peat moss, 1/3 vermiculite, and 1/3 compost
- Drip irrigation: a liter of water per tomato delivered two to three times a day in the heat of summer
- Top dressing with nutrients weekly
- Careful leaf/branch pruning with clean tools to enhance air flow and remove any hint of disease
- Disposal of diseased leaves away from the compost
- •Neem oil to repel infection and insects

I'd resigned myself to the fact that we could not possibly grow the number of tomatoes we had in the past. I rationalized that we could always walk to Clifton Market to buy beautifully fresh, organic tomatoes. We enjoyed our first home grown tomato sandwiches in late June. As the tomatoes grew taller than their cages, I thought it might be best to prune them to a manageable size so that they would not topple over. But then I thought, why not tie them up to the top of our pergola? By July, the tallest branches peaked over the 9-foot structure. Throughout August and September, our tomatoes reached up to the sky, 13 to 15 feet tall! Gone, our fears of tomato scarcity! We enjoyed an abundance of tomatoes in summer 2022, up to 60 bright red tomatoes a week. Our family of six spent three months feasting on BLTs, capreses, tomatoes sauces, bloody marys, salsas, and gumbos. I can almost taste the new varieties we'll try next summer!

# Clifton Plaza Gardener and Maker Market Days - Spring 2023

Next spring, the Clifton Plaza will be made available to Clifton residents wishing to sell their garden's harvests and/or homemade items to the public. Thursday afternoons April to October from 4 – 7 p.m., sellers can bring their own tables and goods, set up and sell. This trial will be self-managed and operated, made possible by the joint owners of the Plaza – Clifton Business Association and Clifton Town Meeting. If you plan to participate, please use the Merchants Lot for your vehicles, carry your gear up the steps to the west side of the Plaza. Vendors are responsible for their own sales and clean up. Thanks!

# The Landscape Horticulture Programs at Cincinnati State

#### — by Heather Augustine

Looking for hands-on training in modern horticultural and agricultural practices? Cincinnati State's nationally accredited degrees and certificates lead to positions in all aspects of the green industry, from urban agriculture to landscape construction, from design to turf management, and more. We passionatley believe that trained horticulturists can improve the environment, enrich our communities, and bring natural beauty to the world, one garden at a time!

We have many exciting classes being offered in the spring 2023 semester, including Vegetable Production, Landscape Design, Applied Botany, Interior Plantscaping, and CAD 101. Our students plant, prune and climb trees, explore local parks and arboretums, study natural habitats, build patios, and operate skid steer loaders and tractors. They grow and sell plants in our campus greenhouse, learn how to maintain landscapes using sustainable methods and practices, and take core business classes to become successful managers or entrepreneurs.

Registration for spring 2023 is happening now! Classes begin Jan. 17, 2023. Financial aid can be obtained by going to <a href="www.fafsa.gov">www.fafsa.gov</a>. Apply today at <a href="www.cincinnatistate.edu">www.cincinnatistate.edu</a>

You can learn about degree options here: <a href="http://catalog.cincinnatistate.edu/academicdi-visionsanddegreeampcertificateprograms/busi-nesstechnologiesdivision/landscapehorticulture-technologies/">http://catalog.cincinnatistate.edu/academicdi-visionsanddegreeampcertificateprograms/busi-nesstechnologiesdivision/landscapehorticulture-technologies/</a>

For more information: heather.augustine@cincinnatistate.edu





#### Hugelkultur

#### — by Alice Palmer

Hugelkutur means "mound building" in German. The technique is used to improve soil fertility, water retention, and soil warming. As the soil tends to settle, it seems better suited for vegetables and annual, shrubs and trees, all have been planted on mounds. The bottom layer of the mound is constructed from logs, limbs, or whatever wood debris you have. Start with your largest logs on the bottom and then add smaller branches. On top of this goes compostable plant material – compost, leaves, etc. The mound can be planted immediately or later, to allow some settling first. Fall would be a great time to construct the mound, allowing it to settle over the winter. Keystone Floral (native plant nursery in Southwest Ohio) uses trenches filled with these same materials in their vegetable plots. Permaculture advocates have been in support of Hugelkultur for years. <a href="https://green-connect.com">https://green-connect.com</a>. au/heres-your-guide-to-the-12-principles-ofpermaculture/

The same rules for things to put into a compost pile also apply to the mound: no black walnut or black cherry, no dog or cat waste (but horse and cow is great), no grass clippings from a treated lawn, and no weeds that have gone to seed. Cedar and pine are not good to use because they tend to not break down and to discourage microbial activity. Don't use treated wood.

Intrigued? Try these sources: <a href="https://mgsoc.org/2019/01/hugelkultur-what/">https://mgsoc.org/2019/01/hugelkultur-what/</a>

https://www.gardenmyths.com/hugelkulturgardening-hugelkultur-raised-beds/ (pros and cons)

https://en.wikipedia.org/wiki/H%C3%BCgelkultur

https://www.bobvila.com/articles/hugelkultur/

https://insteading.com/blog/hugelkultur/





#### Winter Read-About-Its



#### **Greater Cincinnati Regional Food Policy Council**

"Farm to School enriches the connection communities have with fresh, healthy food and local food producers by changing food purchasing and education practices at schools and early care and education settings." The Vision: maximize local food procured and distributed by school meal programs; create brand awareness of farm to school and its impact on learning, health and farm economies in our region; develop universal classroom exposure to agriculture and nutrition literacy education.

https://www.cincinnatiregionalfood.org/farm-to-school

https://docs.google.com/spreadsheets/d/1IY\_L XFBTDYfkVn0jaOfMh8VxaKFFe93Te78tLwKjHc/ edit#gid=0

### Using Cardboard in the Garden to Prepare Good Soil

All of that corrugated cardboard that contains stuff you order online? Put it to good use! ECO Family Life says "Cardboard is a great product that will break down naturally into your soil, smothers weeds and feeds worms. Recycle old packing boxes and create a new garden bed ... weeds underneath the cardboard will be smothered in 3-4 weeks but the cardboard will help to protect your new soil for a month or two." Here's how:

https://www.heifer.org/blog/how-to-prep-your-garden-with-cardboard.html#:~:text=A%20 layer%20of%20cardboard%20left,would%20otherwise%20go%20to%20waste.

### Rockdale Academy's Urban Learning Garden Project - "It's Elementary"

Read Scott Beuerlein's story in Horticulture Magazine (Nov/Dec 22) about the recent Community Makeover project in Avondale championed by the Cincinnati Reds Community Fund, Cincinnati Zoo and Cincinnati Public Schools.



#### I Can because I Can

by Gerald Checco



As a new grandfather, I was shocked to learn that one of our grandsons' favorite foods – applesauce – was not the healthy food I'd assumed it to be! But I also remember the delight of going to Clifton Plaza on Monday

afternoons in autumn, when Lydia Stec of Lydia's on Ludlow café had organized a mini farmers and makers market. There, one of our neighbors was selling bushels of varied and delicious homegrown organic apples. I experienced a "Proustian madeleine" memory: my mother and her sisters around the kitchen table processing mountains of freshly harvested apples, canning them for winter use. Canning, an ancient and safe (done properly) method of preserving food allows for certainty of what you're feeding your family. The local pleinaire market gave me the impetus to say, "why not?" I embarked to rediscover my family tradition, purchasing apples from a neighbor at Clifton Plaza and fresh fruits from other regional farmers. Eventually I began harvesting our own homegrown cucumbers, plums, black raspberries and cherries. We're able to fill our pantry for months to come and also have delicious gifts to share with many. When harvesting from our own garden, I'm mindful and grateful that Clifton has the most pollinator gardens of all of Cincinnati's neighborhoods. (See a record by the Cincinnati Zoo: https://cincinnatizoo.org/horticulture/ plant-for-pollinators/#map) Thanks to many fellow gardeners who use a minimum of chemicals and to those who even care for beehives.

# Discovering Bahr Farm - Growing Food for Neighbors since 1916

Four fertile acres in College Hill – Bahr Farm – were recently donated to the Cardinal Land Trust by owner Dale Bahr, ensuring that this farm can remain a food hub for a neighborhood that has had no grocery store for over a decade. Located under the Star 64 communications tower, historic restoration work and repairs to farm structures and equipment have begun, supported by the trust.

Bahr Farm has a robust program of collaboration with several community organizations:

- Our Harvest A worker-owned farm collective that allows workers a stake in the company, a say in hours and benefits, and a share of the profits. Most of what Our Harvest grows goes to weekly-distributed agricultural boxes, an annual vegetable market in College Hill and food pantries in Northside.
- Cincinnati State Bahr Farm is a practicum site for the Sustainable Agriculture Management Certificate: <a href="https://www.cincinnatistate.edu/academics/degree-certificate/sustainable-agriculture-management-certificate-agrc/">https://www.cincinnatistate.edu/academics/degree-certificate/sustainable-agriculture-management-certificate-agrc/</a>
- Refugee Connect Provides job training and allows participants to grow some of their own food, facilitating exchange of farming methods from

other countries in a teach/learn experience.

• Coop Cincinnati with Aiken High School — Paloma Correa, Coop Culture and Business Developer says, "Through a grant from USDA, we have been able to teach co-op business/farming programs to refugees from agricultural backgrounds. The program lasted nine months, all participants getting a plot to farm on their own. Some of our past students continue to rent space on the farm, creating a co-op business dedicated to growing special produce they can't find in other places. Others continue to work with Our Harvest, and an internship program is offered in the summer." This grant is in partnership with Refugee Connect and Catholic Charities."



#### About the Our Harvest Weekly Box — A

convenient way to bring fresh, local food to every meal, with several convenient pick-up locations around Greater Cincinnati. Pick-up of boxes in Clifton are at Ludlow Wines, 343 Ludlow Avenue, on Wednesdays from 5-7 p.m.

#### **OUR HARVEST BOX SIZES**

- Small: \$15/week (four different types of produce)
- Medium: \$25.50/week (eight different types of produce)
- Large: \$35/week (12 different types of produce)
  To order, go to <a href="https://csa.farmigo.com/join/ourharvestcooperative">https://csa.farmigo.com/join/ourharvestcooperative</a>

Bahr Farm is open 24 hours a day, located at 973 W. North Bend Road 45224, and available by phone at **513-752-2828** 



# Loving Local Food From Local Farms — by Mary Steele

I'm passionate about searching out and enjoying local food. There's something about the nutrition, flavor and freshness of food that was harvested in the last day or two that I find very nourishing. Produce that is more well-traveled than I am pales in comparison! Let's consider the obvious shopping options:

Local Groceries: There are local, small grocers who seek out and provide produce from local farmers. Clifton Market comes to mind, though sometimes they must struggle with the supply and demand challenge of securing fresh produce. Our community can help by more predictably supporting their fresh produce offerings. Findlay Market's ETC Produce & Provisions and Madison's at Findlay Market are two shops that have successfully worked out the freshness equation, you can shop there any day of the week except Mondays.

Farmers Markets: Meet people growing your food, purchase food harvested at peak. The outside shed at Findlay Market on Saturdays and Sundays is an easy place to find food currently growing in our region. There are many other farmers markets around town, including one right down the hill from Clifton: The Northside Farmers Market showcases local farms and food purveyors (see northsidefm. org for the vendor list). On any given Wednesday, you can brighten up your meal with fresh produce and get new ideas for how to prepare it.

**Farm Stands:** Some farms have retail stores on site where you can browse their refrigerators for what was recently harvested from their fields, plus find local food purveyors' cheeses, meats, etc. Turner Farm (7400 Given Road, 45243) and Carriage House Farm (2872 Lawrenceburg Road, 45052) both come to mind.

Community Supported Agriculture (CSA): If

you want a guaranteed share of a farm's locally grown produce, you can join a CSA. A traditional CSA requires you to commit to the entire growing season, typically May to October. A subscription service allows you to participate, pause, and cancel as needed. Examples of the former: Turner Farm and Carriage House Farm. Example of the latter is Our Harvest Cooperative with pickup locations around the city, including at Ludlow Wines and Northside Farmers Market, both on Wednesdays. Corporate Groceries: I recognize the value in supermarkets. After all, we have to buy trash bags and toilet paper somewhere! Purchasing fresh produce here will do in a pinch, but it's never my first choice.

At the end of the day, you ask "Why bother spending extra time and maybe dollars to buy my food?" If enjoyment of the most delicious, fresh fruits and vegetables is not enough, there are other reasons. During the height of the COVID pandemic, our national food supply chains faltered under the strain of new buying habits and a dwindling workforce. But our local food supply chain was strong. Local food growers and suppliers were nimble, flexing to meet changing demand and delivery methods. They experienced an increased level of demand during the height of the pandemic but provided what we couldn't always find in grocery stores. Farmers are retiring at a faster pace than new farmers are entering the field. We can provide a strong market for locally grown food by encouraging more new farmers with our support. The risk of not doing so is our food increasingly grown on corporate farms. I'll put my faith in farmers I've met and trust to grow my food rather than relying on corporations that operate solely on profit. For a full listing of all local food options in our region, reference the Central Ohio River Valley (CORV) Local Food Guide here: https://www. eatlocalcorv.org/pick-up-the-guide



#### **Clifton PUPP 2022** — by Nestor Melnyk

The seeds of Clifton PUPP (Pop Up Puppy Party) began in 2017 as a grassroots neighborhood initiative to break down social isolation. Although many Clifton residents have physically been neighbors for years and decades, their social and community networks within Clifton have not always been robust. Residents would often see and recognize each other but didn't really know each other. After several discussions with a few neighbors, Cassandra Clement, Nestor Melnyk, and their son Troy Melnyk realized that many of their neighbors shared a love of dogs and decided to convene a gathering to brainstorm how to turn that into a broader social initiative. Neighbors invited other neighbors and, in a single meeting, PUPP was born. Within six weeks this group of Cliftonites, some of whom have never met before, organized, promoted, planned, and held the first PUPP in March 2018, and in July 2018 WLWT's Megan Mitchell created a news story about PUPP that received national recognition. Since then, outside of the pandemic, PUPPs have been held on the fourth Monday of the month on Clifton Plaza during the warmer months. The turnout has always been great and many Cliftonites have formed close bonds that go well beyond these Monday nights. New residents and longtime residents alike now do more than recognize each other in the neighborhood – they have truly become neighbors and friends building community through the love of dogs.









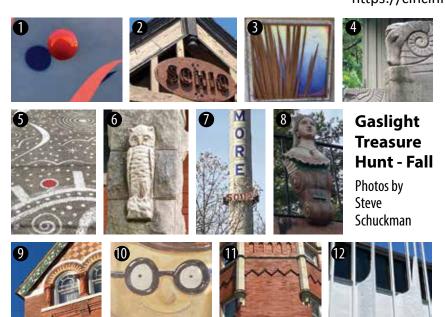
#### This Winter at Your Clifton Library - by Eric Davis

As the chill settles in, get together with friends, family, and neighbors at our fun and educational programs. Here's a new event: Clifton Branch Public Library's very first **Plant Club!** We invite everyone to get curious about the wide world of plants, exploring indoor and outdoor plant life and gardening through a variety of activities including plant swaps, nature walks, documentary screenings, and more! Monthly meetings are on the 3rd Saturday from 10:30 - 11:30 a.m. At our October meeting we explored plant propagation.

Curious Kids Explorers Club - The first Saturday of each month at 11 a.m. kids are invited to explore the world through stories, songs, and hands-on activities. Tailored for kids K-3rd grade, in October we welcomed Pauletta Hansel, the Library's Writer-in-Residence who led a poetry workshop introducing kids to the concept of metaphor. Describing who they feel they are, three kids drew the images at right as visual poems. Our poets include Quinn, 8; Helena, 5; and Emily, 5.

For more about all the programs and events the Clifton Branch Library offers, visit: https://cincinnatilibrary.bibliocommons.com/v2/events?locations=CL





Were you able to find these charming Clifton details, as published in our fall issue? Steve Schuckman reveals the locations on the map at right.

Watch for them as you enjoy walking and shopping this winter, and try the new challenge to find 6 more visual riddles, below. Send us the right locations at ctm.chronicle@gmail.com and win 2 passes to the Esquire Theatre! Thanks to our project sponsor!



The best in classic, independent, contemporary and foreign films, events and festivals!

\* We'll award up to 6 winners in the order of receiving correct answers. One prize per family, please!















Winter Treasure Hunt Find these around the business district, win 2 passes to the Esquire! Same rules as above, tell us "where" at ctm.chronicle@gmail.com and win!

# **Nelly Was a Lady -** abridged from the original short story — by Carl Blegen

The telephone rang at the Rawson Farmhouse. A neighbor's anxious voice exclaimed, "Something very serious has happened to your horse out in the pasture. She's lying on the ground, kicking, and seems to be in great pain!" More calls followed – same message – that November morning. From the moment Ralph the caretaker arrived for work, he had seen and quickly understood: Nelly was suffering an acute attack. The veterinarian was summoned, but arrival was delayed by the distance between Clifton and the countryside.

Clifton School children gathered in excited groups next door along the pasture fence. From their vantage point, they saw the horse's mortal convulsions. Sympathetic spectators watched her struggle as she failed to rise to her feet. Nelly was the kids' favorite playmate, and the entire community considered her an indispensable and entertaining part of the landscape. A toddler passing the scene appealed to her parent: "Daddy, Nelly's broke. Please fix her."

Generations of schoolboys and girls had lingered along Rawson Farm's fence, winning Nelly's favor with a piece of sugar or tidbit, sometimes being allowed to rub her nose or to scratch her neck. She performed sometimes for her audience, kicking up her heels like a chorus girl, prancing friskily about the domain she'd shared with a Jersey cow, a creature that drew almost as much interest. Everyone felt exceptionally blessed with this opportunity to experience country living first-hand.

No thoroughbred, Nelly's lot was that of an everyday work horse. Still, her blithe spirit and winsome manners ingratiated her to a host of friends. For over half a century, Nelly had held her distinctive position as a Clifton attraction. To be

sure, the immutable laws of nature decreed that not always the same exact Nelly reigned, but the name remained the same, regardless of the sex, color or temperament of the current successor of Nelly-the-First.

One year Nelly's lively curiosity was aroused by an encroachment on the westernmost part of her open meadow. She watched from day to day as a new subdivision was laid out and construction progressed. When the first house was completed, she wandered out by moonlight and in the gray dawn for a closer look. Her heavy breathing just outside a bedroom window frightened the lady of the new household, but when daylight came, all was explained.

The Nellies of old worked for a living, tilling the huge back garden, mowing the vast front lawn, and raking endless loads of autumn leaves. Some Nellies had been proud, dashing carriage steeds; others simply pulled carts and wagons. But with the advent of motors and mechanized farm machinery, the romance of agriculture within city limits vanished. Only occasional plowings were required of Nelly-Last-of-the-Line as she leisurely lived out her seasons in the pasture.

When the veterinarian finally arrived that chilly November morning, he found that Nelly's heart had worn itself out. The neighborhood was stunned and saddened by her death. A fund by popular subscription was proposed to purchase a successor for the pasture, but nothing came of it. Recollections of her friendly muzzle poking through the fence would long be cherished.

In its wider significance, Nelly's disappearance stood as something beyond mere personal loss.

It marked the end of an era of more leisurely, spacious and gracious living, which had been displaced by the relentless hustle and bustle of a highly mechanized age. Viewed in this light, her passing deserved an eloquent, philosophical obituary — or if Stephen Foster were still alive to compose it, a haunting melody, vibrant with nostalgic memories.



Rawson Farmhouse at 3755 Clifton Avenue



Dorothy Rawson and a Nelly



Carl Blegen, American archaeologist, University of Cincinnati and friend of Marion and Dorothy Rawson

# **Celebrate Christmas**

Inspiring Worship for All Ages

**Christmas Eve** 

December 24

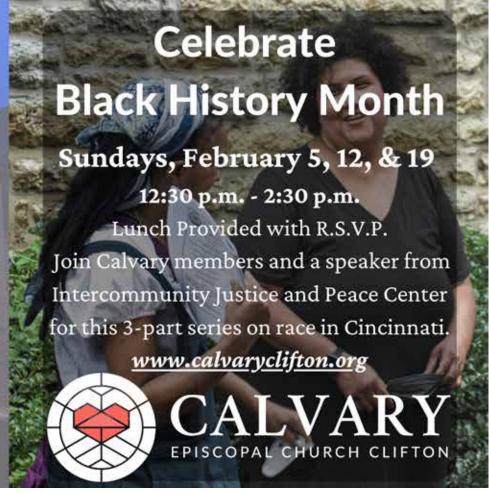
5:00 p.m.

Christmas Pageant & Carols
"No Muss, No Fuss"

All children invited to participate

9:00 p.m.

Traditional Christmas Eve Service with Organ and Carols



#### William George Washington Gano: Seeding a Community

#### — by Geoff Gelke, The History Buffs

It's hard to imagine a more influential family in Clifton history than the Gano clan, stretching from their 1788 arrivals on the first flatboats near Columbia Tusculum to the establishment of Clifton – that is, "Baronial Clifton." The family name is from the French Huguenot "Geurneaux" pronounced "ga-no," quickly anglicized to "Gano" for frontier use. There were many loosely related Ganos in this area with notorieties of their own, but let's just focus on our locals.

William George Washington Gano – better known as G.W. Gano, or William Gano to friends and family – was germane to the creation of Clifton's first schoolhouse, first chapel, and iconic mansions along Lafayette Avenue. Born in New Jersey in 1799 (same year as the death of his presidential namesake), young William arrived with his mother in Cincinnati in 1813 shortly after his father's passing. He found a new opportunity in banking, first at the United States Bank, then in 1834 as head cashier at the famous Lafayette Bank on Third Street. This position allowed him to purchase forty acres in Clifton for a homestead, making him the first to live in Clifton while commuting to work downtown. After building a house and stables in 1838, the potential for communal living with others of high stature occurred to him. He longed for

good neighbors and a place where he and his wife, Nancy Willis, could rear their ten children to come – Howell, Ellen, Maria, Gazzam, Isabella, Peter, Sophia, George, Sylvia and Jacob.

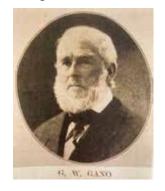
Gano's forty-acre homestead can be seen on an 1869 map with a later address of 4026 Clifton Avenue, now just a dead-end lane only feet away from 4010 Clifton Avenue. It led into the Gano and Brown homesteads, all which became a Zaring subdivison in 1969 now known as "Clifton Ridge Court." The only older house in this area is 4038 Clifton Ridge (built in 1903), thought to have been built over the original 1858 Brown house that G.W. Gano built for his daughter Maria and son-in-law Thomas L. Brown. This newer house would have been an upgrade for the Browns to boast about. Today, Teresa and William Hoelle enjoy this neoclassic gem.

The brown Victorian shake house at 4028 and 4030 on the corner of Clifton Ridge and Clifton avenues was that of Gano's granddaughter, built for her in 1883. This little house was preceded by Clifton's first schoolhouse, a one room log structure, built in 1843 by Gano to serve children of a burgeoning neighborhood. It served until 1856 when a far more commodious school and town hall/fire department

complex were built on the site of today's Clifton Public School (built in 1906), now inhabited by Clifton Area Neighborhood School (CANS).

Mr. Gano had a wooden chapel built at the corner of Clifton and Lafayette Avenues in 1843 on land donated by a Mr. Robb. It served as Clifton's social hub until 1867 when the new Samuel Hannaford-designed church, Calvary Episcopal, was built farther south on Clifton Avenue. The abandoned chapel passed from Gazzum Gano to Frank Tullidge, who converted it into a family home until it burned down in 1883 while his children were lighting their Christmas tree candles. Tullidge promptly replaced his home with a grand mansion at 3006 Lafayette Avenue which still sits back from the road, and where he lived peacefully until his death 1906.

A seminal event in Clifton development occurred in 1843 when Mr. Gano convinced his bank to invest in Clifton properties along a path destined to become a roadway called Lafayette Avenue (named after the bank, not the Marquis de Lafayette!) The table had been set for development along Clifton Avenue, attracting the wealthy to purchase choice sites for "country seats." Lafayette Bank ran an advertising campaign to their wealthier clients,













Join us for All the Games

promoting the idea of grand estates above the city's basin. Because of these initiatives, G.W. Gano is considered by many to be the founder of Clifton.

From this point forward, industrialists came and came, pricing out the indigenous farmers and constructing the mansions we are familiar with today. One such newcomer was Flamen Ball, a flamboyant lawyer who practiced on Third Street (his building is still standing). Ball became the guiding spirit of Clifton, serving as one of its first mayors and leading incorporation of the Village of Clifton in 1850, establishing regulations to preserve the peace. His farm was located across the avenue from partner Salmon P. Chase's (the old entrance columns are still standing where Cypress Gardens intersects Clifton Avenue.) Chase had moved to Clifton to spare his wife's health, improved by the breezier heights.

G.W. Gano retired from the bank in 1868 and passed away in his barn at the age of 73 while tending his horse and cow. His legacy lives on through his descendants and some familiar Clifton street names like Gano and Howell.



Gano's daughter in buggy

#### The Mountain Climbers of Clifton

#### — by Steve Schuckman

Cincinnati is hardly a mountain climbing mecca and is far from high mountains, yet two Cincinnatians climbed on Mt. Everest as part of the first American expedition to the world's highest peak in 1963. One of these climbers was from Clifton. Now almost 60 years later, their achievement is recognized as a landmark in Mount Everest history.

Richard Emerson, a sociology professor at the University of Cincinnati (UC) and later at the University of Washington, was a member of the successful expedition. He was a scholar and a mountain climber and he conducted scientific experiments during the expedition. He reached a height of over 26,000 feet but had to turn around due to altitude sickness. He helped stock the tent high on the mountain from which two climbers would climb all day and part of the night to reach the summit.

Barry Bishop, the Clifton resident, first lived on Resor and later Cornell Place. Bishop and another climber reached the summit (29,042 ft) late in the day on May 22, 1963, and could not get back to their tent in the dark. They spent a night out on the mountain in a bivouac at over 28,000 feet. It was 18 degrees below zero. Bishop suffered frostbite and ultimately lost his toes, but he survived the climb. Bishop was a writer, photographer and scientist at the National Geographic Society, covering expeditions around the world. He was a graduate of Walnut Hills and UC. His son Brent climbed Everest in 1994, the year Barry died in a car accident.

The Everest expedition of 1963 was the first to put Americans on top of the world's highest peak and the fourth overall to reach the summit after its first ascent in 1953. It is also notable that two of the climbers ascended the west ridge and descended on the south side, achieving the first traverse of the mountain. On their descent of the "traditional" south route they met up with two other climbers including Barry Bishop. The four climbers ran out of daylight and bottled oxygen and had to spend the night near the summit with no tent. It was the highest bivouac in history. Luckily it was a rare night with no wind and all four climbers survived the ordeal, though Bishop and another climber later lost toes due to frostbite.

Barry Bishop was the 13th person to stand on top of Everest. Today, in an era of guided climbs for paying customers, over 4,000 have reached the summit.



After his historic climb, Barry Bishop (on right) lost all his toes and several finger tips to frostbite.



This is a famous photo taken by Barry Bishop of his climbing partner and another climber as they approached the summit on May 22, 1963. Look for them, they are like ants at the lower edge of the photo!



#### Principal Frau Rabal of Fairview-Clifton German Language School

by Allison Sears



There's a new principal at Fairview-Clifton German Language School. Savannah Rabal has eagerly and capably taken the helm and comes to Fairview-Clifton from Clark Montessori, where she worked for 11 years, first as a seventh and eighth grade math and science teacher, and most recently as the

assistant principal. She's been a Cincinnati Public Schools (CPS) educator for her entire teaching life, having started her career teaching at Rothenberg Preparatory Academy.

Growing up in Lebanon, Ohio, Frau Rabal earned an EMT license from Cincinnati State while attending University of Cincinnati for her bachelor's degree in education. Her first master's degree (Montessori education) was earned at Xavier University and her second (educational leadership) was earned at Miami University. Rabal earned her lead teacher credential from CPS and a Montessori teaching credential from the American Montessori Society.

While teaching, she worked with the Cincinnati Montessori Teacher Education Program instructing teachers from all over the country as they began to implement the Montessori method in their secondary school classrooms. This is how she got her start observing and consulting with these teachers, something she really enjoyed. As she took on more school-wide leadership tasks at Clark, she spoke often with school leaders in her building and across the district and realized she was ready to take her professional career into school administration. Last summer, Savannah was encouraged to consider becoming a principal at various CPS schools. She declined several opportunities to interview, happy to remain at her job until the "right one" came along. Then, in late June, she heard about the opening at Fairview-Clifton and recognized this

could be "the one." In addition to her love of teaching, Frau Rabal finds time to enjoy and raise her young family. Husband Joe is a key account manager at Cremer North America. They are parents to daughter Riley (7), sons Asher (5) and Brady (1), and chocolate lab Henry. Welcome to Clifton, Frau Rabal!

#### **CANS News**

#### — by Julia Bonfield

Clifton Area Neighborhood School (CANS) is off to a great start, now serving more than 270 students ranging from pre-K to fifth grades, more than a 30% increase in enrollment compared to the 2021-22 school year. School days begin with a lesson in social emotional wellness, then transition into high-quality academic instruction. Thanks to our Expeditionary Learning curriculum, opportunities for hands-on work and community involvement are built into lessons across all grade levels. A recent analysis by the Ohio Department of Education (ODE) indicated that CANS is meeting or exceeding state expectations in all measured categories, such as early literacy and academic achievement. Scores are available for the public to view on ODE's website.

Throughout the week, students continue to benefit from a deeply-embedded partnership with the University of Cincinnati (UC). While some UC students meet one-onone to provide academic tutoring, others are leading weekly Spanish immersion courses for entire classes. Our guest speakers across all disciplines visit classrooms and share their expertise with our students. Together, CANS and UC find new ways to integrate programming and enhance the educational opportunities for both elementary and college students alike. Robust afterschool programming fosters student growth after dismissal time. Our on-site afterschool program by Best Point Education and Behavioral Health is accompanied by more opportunities from Clifton Recrecation Center, Clifton Cultural Arts Center, Cincinnati Youth Choir, and the Girl Scouts, engaging kids across all grade levels. Parents at CANS are creating afterschool clubs focused on students' indicated interests, such as running, board

games, and Legos. Our active PTO meets regularly to plan enriching weekend events for CANS families. Enrollment at CANS is open to all families living in the Clifton, Spring Grove Village, and CUF neighborhoods. Seats for students who live out-of-boundary may be available in select grades. Email Resource Coordinator Julia Bonfield at <a href="mailto:jbonfield@costars.org">jbonfield@costars.org</a> to schedule a tour or request more information.



#### We offer vegan, vegetarian and non-vegetarian • Halal and Kosher food available

• Fresh squeezed juices and house roasted artisan coffee

At Lunch: unlimited salad or soup with a meal

Mention this Clifton Chronicle ad and receive \$5 off the second entree!

Hours: Sunday - Wednesday 11 am - 10:30 pm Thursday - Saturday 11 am - 11:30 pm Lunch served 11 am - 2:30 pm

Parking available at U Square West Garage

(90 minutes for \$1 Monday - Friday. Rates vary on game days and weekends.)

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#### **Immanuel Presbyterian Church**

The holidays bring many opportunities for us to join in together as a community. In December, we gather gift items for the Shoebox Christmas project.

**Dec. 9, 6-8 p.m.** — ChristmasFest is back! Join us for a chili dinner, caroling, a Christmas quilt show, petting zoo and a visit from SANTA! Fun for everyone!

**Dec. 24, 5 p.m.** — Join us for a Christmas Eve Candlelight Service.

**Feb. 12, 6 p.m.**—Join us for the SUPER BOWL PARTY on football's biggest night of the year. If you are not a football fan, join us anyway for food, conversation and friendship.

**Feb. 22, 7 p.m.** — SEASON OF LENT Ash Wednesday

service at Immanuel, community invited.

**ONGOING SERVICE WORK** — We continue to assemble Buddy Bags for the Fairview Clifton German Language School, supplementing weekend meals for 38 students. All are welcome to assist after worship service on Sundays.

**COMMUNITY COLLECTION DAYS AT IMMANUEL** – Drop off at Immanuel the first week of each month, Monday-Thursday, 10 a.m.-1 p.m. Help our neighbors by donating non-food items (paper towels, toothpaste, toilet tissue, diapers, etc.) for distribution by St. George Food Pantry to those in our community who are in need. (Note: Food stamps do not cover these needed items.)

**FREE COMMUNITY MEALS** – Following our summer and fall BBQs, we are continuing our Free Community Meals! Join us the second Thursday each month, 6-7:30 p.m. Meet your neighbors and enjoy food, music and great conversation.

We hold weekly worship services on Sunday at 10:30 a.m., Bible Study on Wednesday at 1 p.m., and on the first and third Thursdays, Pub Theology at 7 p.m. at Upside Brew on Ludlow.

All are invited to join in these activities. Please contact our office (513-751-0312) or visit our website (immanuelpresby.org) for details.

# New School Montessori 6th Graders Study the Human Body from Micro to Macro

Our sixth grade students have been learning all about the human body since they began at The New School as 3-year-olds. Each year, more details are added and students gain a more complete understanding of how organs, bones and soft tissue work together to make this amazing "vehicle" we live in. This year, art and science teacher Emily Olexsey made an art project of studying the cell. A mass of white yarn simulates the endoplasmic reticulum, providing a platform for protein synthesis and lipid production. The piece that looks like Chex cereal is a centrosome that's involved in cell division. A vacuole (represented by a brown button) stores water and nutrients for later. And a fuzzy orange pom pom in the center of the cell is the nucleolus where ribosomes are made. Taking their study of the body from the micro level (the cell) to the macro level (the human body), students traced the outlines of their bodies and labeled and glued their bodies' organs into the correct locations. Lungs, liver, heart, spleen, pancreas, small and large intestines, bladder – it's all there! And they know what each part does, too. Sixth graders will entertain their parents and classmates with a song "D'em Bones," which names many of the bones of the body, wearing wear black shirts and pants pinned from head to toe (occipital to metatarsals) with white cut-outs of bones – femur, radius, ulna, scapula, phalanges and more.





Virtual Open House Sunday, January 22, 2023 Sign up on website

- Preprimary to grade 6
- · Embracing all definitions of family
- · Credentialed Montessori teachers
- Lots of indoor and outdoor spaces for whole school to attend all day, every day
- Chef-prepared hot lunches with vegetarian options (included in tuition)
- Accredited by both the American Montessori Society and ISACS





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(513) 751-5200



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# IN TIMES OF CRISIS, HERE ARE SOURCES FOR IMMEDIATE HELP:

### Call 988 to reach The National Suicide Prevention Lifeline

suicidepreventionlifeline.org/chat or call 1-800-273-8255.

### Call the 24-hour Hamilton County crisis intervention service

at 513-281-CARE (2273) or text TALBERT to 839863.

**The Crisis Text Line** is 741741, text HOME to connect to a crisis counselor.

Local Mental Health Care Resources: Mental Health Access Point (513)-558-8888 Psychiatric Emergency Services (adults) (513)-584-8477

**Psychiatry Intake Response Center** (minors) (513)-636-4124

**Mobile Crisis Unit** (513)-584-5098 **Center for Addictions** (513)-381-6672

#### **Local Social Services:**

**Esther Marie Hatton Center for Women** 

2499 Reading Rd 45202 (513)-562-1980 (513)-636-4124

#### Shelterhouse

411 Gest St 45202 (513)-721-0643

#### Off the Streets HER Cincinnati

2401 Reading Road 45202 (513)-768-6900

**First Step Home** (Women with children) 2203 Fulton Avenue 45206 in Walnut Hills (513)-961-4663

#### **The Crossroads Center**

311 Martin Luther King Drive East 45220 (513)-475-5300

#### **Our Daily Bread**

1730 Race Street 45202 (513)-621-6364 (Monday through Friday, food and services)

#### **City Gospel Mission**

1805 Dalton Avenue 45214 (513)-241-5525 (Monday through Friday, food and shelter)

**Gateway House** (for men) 223 Vine Street 45219 (513)-421-9333





# TRAILSIDE NATURE CENTER WINTER PROGRAMS

Located in Burnet Woods at 3251 Brookline Avenue, unless otherwise stated. For all program information, please call <u>513-751-</u>3679, or email <u>Michael.george@cincinnati-oh.gov</u>.

#### Holiday Skies at Wolff Planetarium in Trailside

Friday, Dec. 16, 7-8 p.m. Discover the mysteries of the Christmas Star and hear the tale of the man being pulled across the sky. Programs open to adults and children ages 5 and older accompanied by an adult. Fee: \$5 per person. Seating is limited. Online registration is required for this event.

### Blizzard Blast: Winter Break Camp at Trailside for Children kindergarten to 3rd grade

Wednesday, Dec. 21, 9:30 p.m.- 3 p.m. We'll go exploring, play seasonal games, create with arts and crafts, relax with a story. Fee: \$25. Online registration is required and closes on Dec. 16, 2022 at noon: <a href="https://www.regfox.com/winterbreakcamps2021">www.regfox.com/winterbreakcamps2021</a>.

### Preschool Nature Story Time at Clifton Branch Library

Location: 3400 Brookline Avenue Thursday, Jan. 5, 2023, 10:30 a.m. Story Time with Mr. Eric and a Nature Encounter with Mr. Mike! The entire family can enjoy books, songs, and nature activities with the library and parks. Registration is not required.

### The Secret Life of Stars at Wolff Planetarium in Trailside

Friday, Jan. 20, 7-8 p.m. From nebulas and novae, this show has it all! Programs are open to adults and children ages 5 and older accompanied by an adult. Fee: \$5 per person. Seating is limited, reservations required online at <a href="Cincinnati-oh.gov/cincyparks">Cincyparks</a>.

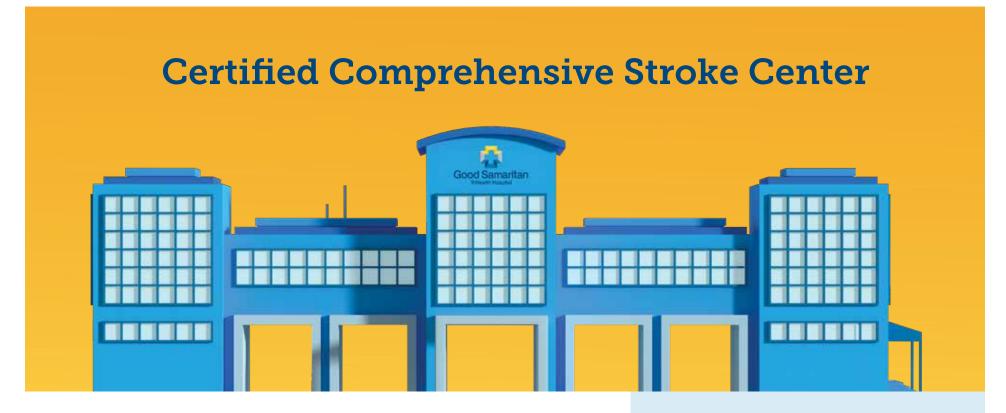
### Preschool Nature Story Time at Clifton Branch Library

Location: 3400 Brookline Avenue Thursday, Feb. 2, 2023, 10:30 a.m. Story Time with Mr. Eric and a Nature Encounter with Mr. Mike! Bring the entire family to enjoy books, songs, and nature activities with the library and parks. Registration is not required.

### The Night Sky in Winter at Wolff Planetarium in Trailside

Friday, Feb. 24, 7-8 p.m. Discover stars, constellations, galaxies and more in the night sky. Open to adults and children ages 5 and older accompanied by an adult. Fee: \$5 per person. Seating is limited, reservations required online at Cincinnati-oh.gov/cincyparks.





# The Highest Level for Stroke Care. The Highest Level of Confidence.

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- Bethesda Butler Hospital Acute Stroke Ready
- Good Samaritan Western Ridge Acute Stroke Ready
- Bethesda Arrow Springs Acute Stroke Ready

#### Clifton Community Fund: Arlin's Signature Mural Renewed

by Margaret Reich and Catherine Hamilton Hicks



Cliftonites were excited by the renewal of the mural on the east side of Arlin's Bar and Restaurant. The image had always included the Arlin's name - a combination of the original

owner's name, Art, and his wife's name, Linda. The new image is considered a restoration of previous artwork, so the city permitted the business name's inclusion in the new mural's design.

The inspiration for Arlin's original painting was an Alphonse Mucha poster, a fixture in the restaurant for 40 years. When current owners Roy and Margie Fantelli removed the poster on a whim, they said the restaurant and bar business plummeted overnight by 40%! Former business levels recovered only when the poster was restored to its place on the wall a few months later! The new painting is also inspired by the Mucha poster. The Fantellis prepped and repainted the outside wall while Clifton Community Fund (CCF) and their chosen artist group Chroma Projects led by Matthew Dayler designed and painted the mural. Funding for the project was generously provided by the Strader Fund.

CCF also painted our twentieth utility box, contributed to the CCACs building campaign, and sweetened the CTM Memorial Day picnic with DOJO gelato. The much-anticipated pedestal clock is being installed near the firehouse. We were pleased to host many of you in September at our

delightful wine-tasting dinner at the Cincinnati Woman's Club. At this time of year, we send out our annual fundraising letter to Clifton residents, please watch for it! Or simply go to our website and click on the "Donate" tab: cliftoncommunityfund.org. Your support allows us to preserve, beautify, and enhance Clifton's culture and quality of life.

#### 10th Anniversary of **Makin Heads Turn Salon**

— by Saira Makin Engelhard, owner



My salon at 3307 Clifton Avenue is a joint expression of my love for art and people. I've been a stylist for 20 years and take pride in providing great customer service and quality work at a good price. Not only do I enhance your looks with a custom cut, but also I strive to uplift and

encourage anyone who walks thru my door. My true gift is connecting with people. I have clients from all ethnic backgrounds consisting of 40% male and 60% female. My mission is to expand and diversify community through love and creative style. My specialty is hair cutting and eyebrows, but I'm known for the fastest blowouts in town! I welcome all textures of hair and I guarantee that, when you leave my salon, you will Make Heads Turn! My love for working with hair started at age 13 when I received my first relaxer (hair straightener.) Up to that point, my mom did not know what to do with the texture of my hair, and

I felt like I looked a little crazy up to then! I went to the University of Cincinnati College of Design, Architecture, Art and Planning (DAAP) for 3.5 years studying fashion design and loved the design aspect but not the sewing. Next, I went to Western Hills School of Beauty, then started professional work in Clifton at Personalities by Leona. I worked at Head First salon for six years before opening my own shop. I love Clifton because of its diversity. While I don't have any plans for an anniversary celebration, my ultimate goal remains to own a building and create generational wealth for my family.



Pangaea Celebrates 30 Years in Clifton! This Cincinnati-based women's boutique offers carefully curated clothing, shoes, jewelry and accessories. Follow @pangaeatradingco and @iluvthatstore on Instagram. www.iluvthatstore.com



Los Potrillos: A newly refreshed, colorful interior with new "illustrated" furnishings and rainbow lighting awaits customers!



Biagio's Bistro: Recent renovations include façade painting and tilework panels, restored insets at the doorway. Nelson Thomas and Jan Checco have helped with embellishments.



#### **Have favorite drinks** and dishes from Clifton cafes and restaurants? **Tell our survey!**



The Chronicle would love to know what YOU love to order from our many eateries. We'll share your recommendations with our readers about eat-in and carry-outs. Check the online menus, tell us about your ideal meals, then watch for the results in our Spring issue. Bon appetit!







